

2009 SE PILOT JANUARY CLASSIC
January 16-18, 2009

The meet will be conducted under the auspices of Southeastern Swimming, Inc.
& USA Swimming, the rules of which will apply.

SANCTION #: 09SEPACK01-16 **TIME TRIAL SANCTION #:** 09SEPACK01-16TT

HOST CLUB: PILOT AQUATIC CLUB of KNOXVILLE

LOCATION: Allan Jones Intercollegiate Aquatic Center
University of Tennessee
2200 Andy Holt Avenue
Knoxville, Tennessee 37996

VENUE: Two 25-yard competition courses (maximum of 9 lanes per course) with slanted starting blocks (28 inches above the water surface). Meet entries will determine the number of lanes used on each course during the prelims and timed final sessions. Nine lanes will be used for the finals sessions. Pool depth is 8 feet at ends, 9 feet in the center. Lanes are 9 feet wide formed by 6 inch Competitor lane markers. Warm-up/warm-down pool is located adjacent to the competition pool, with a minimum of two separate 25-yard warm-up/warm-down lanes available. Seating for 1,284 spectators in the balcony overlooking the pool. Only coaches and athletes are permitted on the pool deck, locker rooms are adjacent to the pool.

TIMING: Daktronic electronic timing system and scoreboard.

OFFICIALS: Meet Referee: Trish Mitchell <mailto:swimmeets@comcast.net>
Meet Director: TBA

Visiting officials are welcome. All officials must wear current USA membership card while on deck and must present current Officials certification card to Meet Referee at check-in. Please submit the online application, available on the meet info page at www.pilotaquaticclub.com or contact Trish Mitchell at swimmeets@comcast.net with level of certification and sessions you desire to work. The SES dress code of white polo shirts and khaki bottoms will be worn for all prelims and timed finals sessions. "Oxford" blue shirts with khaki bottoms will be worn for all finals sessions. White socks/shoes are worn for all sessions.

RULES: USA Swimming Rules and Regulations will govern the conduct of this meet and will serve as the official guide for technical and procedural rules, except where otherwise noted. It is the Swimmers' and coaches' responsibility to acquaint themselves with the meet information. Coaches are responsible for their team's swimmers throughout the meet, including warm-ups and warm-downs.

ELIGIBILITY: All Clubs, including seasonal clubs, shall ensure that all athletes and coaches participating in USA Swimming sanctioned competitions are current 2009 members of their LSC and USA Swimming or FINA.

CREDENTIALS: In accordance with Southeastern Swimming Rules, coaches and officials are required to display proof of current USA Swimming membership. All coaches must have completed the safety training as required by USA Swimming.

SCHEDULE: January 16, 2009 **TIMED FINAL** Session:
Warm-up: 4:45 PM
Competition: 5:45 PM

January 17 & 18, 2009 **PRELIM** Sessions:
Warm-up: 6:30 AM
Competition: 8:00 AM

SATURDAY FINALS Session:

Warm-up: 5:00 PM
Competition: 6:00 PM

SUNDAY FINALS Session:

Warm-up: 4:00 PM
Competition: 5:00 PM

SCHEDULE: January 17 & 18, 2009 **12 & Under TIMED FINAL** Sessions:

Warm-up: Immediately following AM session
Competition: Immediately following Warm-up,

MEET FORMAT: Prelim/Finals and Timed finals meet with 118 events as set forth on the "Order of Events" (attached). Pilot Aquatic Club reserves the right to limit **ANY** event to allow the meet to run in the allotted time. All events for 13 and over age groups will be conducted as preliminary/final events, with the exception of the 400 IM, 500 Free and 1000/1650 Free, which will be swum as deck seeded, timed finals, positive check-in required. There will be a championship & consolation heat (top 18) for all 13 & over prelim/final events. **Sunday finals will be a positive check-in for all events.** All events 200 yards or shorter will be pre-seeded. 13 & Over relays swim **with finals on Saturday.** 13& Over relays swim **with prelims on Sunday.** All individual and relay events for swimmers 12 and under will be timed finals.

SEEDING: All events 200 yards or shorter will be pre-seeded. All events 400 yards or longer will be deck seeded. The **11 - 12 200 IM** may be limited. The **11 - 12 500y Free** will be swum **fastest to slowest**, the number of heats swum may be limited. The **12 & OVER 400y IM** will be swum **fastest to slowest** and the number of heats swum may be limited. The fastest sixteen (16) 13 - 14 year olds of each sex are guaranteed to swim. The **13 & OVER 500y Free** will be swum **fastest to slowest** and the number of heats swum may be limited. The fastest sixteen (16) 13 - 14 year olds of each sex are guaranteed to swim. The **MEN'S 12 & OVER 1650 Free, Event # 26**, will be swum on **Saturday.** It will be swum **fastest to slowest**, with the exception of the **fastest heat of 9**, which will be swum in the **final session on Saturday night.** Entries may be limited. The **WOMEN'S 12 & OVER 1000 Free, Event #83**, will be swum on **Sunday.** It will be swum **fastest to slowest**, with the exception of the **fastest heat of 9**, which will be swum in the **final session on Sunday night.** The fastest twelve (12) 13-14 year olds are guaranteed to swim. Entries for event # 83 may be limited. Swimmers in event # 83 **must declare an AM or PM preference.**

ENTRY LIMITS: Swimmers are limited to **2 events on Friday evening.** Swimmers competing in **only timed final events** may **enter** up to **four events per day**, exclusive of relays. Swimmers competing in **prelim/finals or a combination of prelim/finals and timed final events** may **enter three** individual events per day exclusive of relays. **Swimmers may not over enter and scratch down.** The meet committee reserves the right to limit and/or eliminate relays and/or limit heats in any events to run the meet within the time allocated.

ENTRIES: Entries will be confirmed upon receipt of entry fees and signed waivers. This meet is expected to fill to capacity. Entries that are not accompanied by payment of entry fees will not be considered confirmed. The swimmer's age on the first day of the meet will determine the age for the entire meet. All participants must be USA Swimming registered swimmers and have current registration numbers listed on the entry form. The entry fee as calculated must accompany meet entries. In addition, the signed and dated **release form and summary** found attached to this announcement and a **hard copy backup** of the meet entry data must also be submitted. Late entries will be accepted only at the meet referee's discretion and only on an open lane basis. Late entry fees are \$7.00 per individual event and \$12.00 per relay. Entries must be received no later than **January 4, 2009.** **All entries should be submitted by email: swimmeets@comcast.net** Final results will be posted at the conclusion of the meet on the PACK website: www.pilotaquaticclub.org

ENTRY TIMES: Enter with best **SHORT COURSE YARDS** times achieved in competition or time trial. Entry times should be in hundredths. **Conversions are not permitted.** All individual entry times submitted must be in USA Swimming SWIMS database and will be reconciled with SWIMS.

DISTANCE PROOF OF TIMES:

Entry times for all events which may be limited (11 - 12 200 IM, 400 IM, 500 Free, 1000 Free and the 1650 Free) must be submitted in actual time achieved in competition and will be verified per the **USA Swimming National Times Database.**

ENTRY FEES:	Individual event	----	\$6.00
	Relays	----	\$10.00
	Facility Fee per Swimmer	----	\$5.00
	SES Swimmer Surcharge	----	\$3.00
	Non-SES Swimmer Surcharge	--	\$5.00

Make checks payable to "Pilot Aquatic Club". Entry fees and the signed release form must accompany the meet entry forms/emailed entries. **Entries submitted without payment are not considered confirmed and subject to rejection if the meet fills.**

TIME TRIALS: Time Trials will be conducted at the discretion of the meet referee. Time Trials fees: \$8.00 individual \$12.00 relay.

CHECK-IN: Relays and individual swimmers must check-in at the Clerk of Course for deck-seeded events as per the stipulation for that event as listed in the Order of Events. Swimmers are encouraged to check-in at the beginning of each day.

SCRATCHES: A swimmer may scratch a **pre-seeded event** on the blocks without penalty. Swimmers entered in an individual event 400 yards or longer, who have checked in for that event, must swim in the event unless they notify the Clerk of Course (before seeding for that event has been done) that they wish to scratch. **Failure to scratch a deck seeded event prior to seeding and not swimming the event will result in the swimmer being barred from the next individual event in which they are entered, whether it is that day or the next day.**

Any swimmer qualifying for a consolation final or final race in an individual event who fails to compete in said consolation final or final race shall be barred from further competition for the remainder of the meet except as noted below:

- 1) The Referee is notified in the event of illness or injury and accepts proof thereof.
- 2) A swimmer qualifying for a consolation final or final race based on the results of the preliminaries notifies the Referee of his/her intention not to compete within thirty minutes of the posted time for preliminary results.
- 3) It is determined by the Referee that failure to compete is caused by circumstances beyond control of the swimmer.

If the failure to compete occurs at the swimmer's last event of the meet, the swimmer/team will be fined \$25.00.

POSITIVE CHECK - IN FOR SUNDAY FINALS Swimmers must check-in at the clerk of course within 30 minutes of the announcement of finalist indicating that they will swim. All swimmers who do not check in by the 30-minute deadline will be scratched from Sunday finals and will not be allowed to compete.

AWARDS: There will be individual awards for the top eight swimmers in each 12 & Under individual event and the top 3 relays in each 12 & Under relay event.

SCORING: The meet will not be scored individually or by team.

WARM-UP RULES:

Southeastern Swimming, Inc. safety guidelines and warm-up procedures will be in effect.

A. General Warm-up

1. **NO DIVING OR RACING STARTS ALLOWED FROM BLOCKS OR EDGE OF POOL.** Swimmers must enter feet first in a cautious manner.
2. No Sprinting or pace work allowed during the general warm-up session.
3. All lanes to be used for general warm-up.

B. Specific warm-up

- | | | |
|-------------------------|-------|----------------------------------|
| 1. PACE, no diving | - - - | Lanes 1, 9 |
| 2. SPRINTS, dive starts | - - - | Lanes 2, 8 return in lanes 3 & 7 |
| 3. GENERAL, no diving | - - - | Lanes 3, 4, 5, 6, 7 |

Additional sprint lanes may be made available upon request to the Meet Referee

MEET

EVALUATION: You are encouraged to send a meet evaluation to the Southeastern Swimming General Chairman:

John Woods

205 Island Avenue

Chattanooga, TN 37405

flipper@gps.edu

MAIL ENTRY FORMS TO:

PILOT AQUATIC CLUB
C/O Trish Mitchell
3020 Keller Bend Road
Knoxville, TN 37922-6521

Signature requirement must be waived for all USPS, Fed-EX and UPS deliveries.

ENTRIES & FEES MUST BE RECEIVED NO LATER THAN SUNDAY, JANUARY 4, 2009.

WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:

(This form **MUST** accompany Meet Entry)

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are current members of USA Swimming. I also acknowledge that I am familiar with the rules of USA Swimming and Southeastern Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my team's swimmers with those rules during this meet. All coaches of this club have satisfactorily completed safety training as required by USA Swimming. The Pilot Aquatic Club and the University of Tennessee, Southeastern Swimming, Inc. and USA Swimming, their agents, officers, representatives, employees and coaches shall be free from any liability or claim for damages for any and all injuries, illnesses or damage to valuables which may be sustained at this meet or while in transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results or any other documents associated with the running of this meet. I acknowledge that the host LSC, Southeastern Swimming, may impose a **fine up to \$100 per event** against a member coach of a member club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or listed club is not **properly** registered.

Signature of coach or club official: _____
 Club: _____ Date: _____

Please check one:

Our team will arrive as individuals _____

Our team will be traveling by bus _____

TEAM INFORMATION

Team Name: _____ Code: _____

Email Address: _____ LSC: _____

Coach: _____

Team Address: _____

Team Phone #: _____

Team Contact for Entry issues: _____ Phone#: _____

Certified Officials who may wish to officiate: _____

ENTRY RECAP

NUMBER OF SES SWIMMERS:		X \$8 SES Surcharge & Facility Fee =	
NUMBER OF Out of LSC SWIMMERS:		X \$10 Non-SES Surcharge & Facility Fee =	
NUMBER OF IND. EVENTS:		X \$6 Per Event Entry Fee =	
NUMBER OF RELAYS:		X \$10 Per Relay Entry Fee =	
TOTAL AMOUNT SUBMITTED:			

Southeastern Swimming Information Form for Disabled Swimmers

NAME:		AGE:		DATE OF BIRTH:	
ADDRESS:				PHONE NUMBER:	
EVENTS ENTERED:					
EVENT:	NO.	EVENT:	NO.		
EVENT:	NO.	EVENT:	NO.		
EVENT:	NO.	EVENT:	NO.		
DESCRIBE TYPE AND EXTENT OF DISABILITY (Be specific; e.g. totally or partially blind or deaf; loss of limbs, multiple disabilities):					
THE FOLLOWING PERSONS WILL ACCOMPANY SWIMMER FOR ANY NEEDED ASSISTANCE:			NAME:		
			NAME:		
SEIZURES?	YES: <input type="checkbox"/> NO: <input type="checkbox"/>	ARE YOU ON MEDICATION?	YES: <input type="checkbox"/> NO: <input type="checkbox"/>	MEDICATION/DOSE:	
MEDICATION/DOSE:	MEDICATION/DOSE:		MEDICATION/DOSE:		
PARENT OR GUARDIAN'S NAME:				PHONE NUMBER:	
PARENT OR GUARDIAN'S SIGNATURE:			ATHLETE'S SIGNATURE:		
PHYSICIAN'S NAME:				PHONE NUMBER:	
PHYSICIAN'S ADDRESS:					
I HAVE EXAMINED THE ABOVE ENTRANT AND, IN MY OPINION, THERE IS NO MENTAL OR PHYSICAL REASON WHY HE/SHE SHOULD NOT PARTICIPATE IN USA SWIMMING COMPETITION.					
PHYSICIAN'S SIGNATURE:				DATE:	