

2008 Southern Section Age Group Time Standards

10 & Under Girls			10 & Under Boys	
Long Course	Short Course	Events	Short Course	Long Course
35.09	31.09	50 Free	30.69	34.79
1:18.19	1:09.09	100 Free	1:07.69	1:16.79
2:48.69	2:29.09	200 Free	2:25.59	2:43.39
5:49.39	6:31.39	400/500 Free	6:36.19	5:53.59
40.69	36.39	50 Back	36.69	41.39
1:28.19	1:18.29	100 Back	1:18.09	1:27.89
45.49	40.09	50 Breast	40.59	46.09
1:39.79	1:28.89	100 Breast	1:28.99	1:40.79
39.89	35.29	50 Fly	34.89	38.99
1:31.99	1:21.59	100 Fly	1:20.79	1:31.09
	1:19.29	100 IM	1:18.09	
3:09.89	2:48.19	200 IM	2:47.69	3:09.39

11/12 Girls			11/12 Boys	
Long Course	Short Course	Events	Short Course	Long Course
31.49	27.59	50 Free	27.49	31.49
1:08.09	59:89	100 Free	59.99	1:08.19
2:27.79	2:10.19	200 Free	2:09.99	2:27.49
5:07.09	5:43.99	400/500 Free	5:45.69	5:08.59
10:53.59	12:12.29	800/1000 Free	*12:34.89	*11:15.09
21:52.89	21:27.09	1500/1650 Free	21:20.39	22:05.99
35.89	31.79	50 Back	32.09	36.29
1:17.79	1:08.99	100 Back	1:09.49	1:18.39
*2:49.69	*2:29.19	200 Back	*2:29.69	*2:50.19
41.19	36.19	50 Breast	35.79	40.79
1:28.99	1:18.29	100 Breast	1:17.69	1:28.29
*3:14.69	*2:51.19	200 Breast	2:49.39	3:12.09
34.69	30.59	50 Fly	30.89	34.99
1:17.99	1:08.99	100 Fly	1:08.99	1:17.99
2:57.99	2:37.79	200 Fly	2:34.99	2:55.29
	1:08.69	100 IM	1:09.19	
2:46.79	2:27.69	200 IM	2:29.79	2:49.49
*5:48.29	*5:11.89	400 IM	5:23.69	6:12.39

13/14 Girls		13/14 Boys		
Long Course	Short Course	Events	Short Course	Long Course
*29.39	26.39	50 Free	*24.69	28.59
1:04.99	*56.89	100 Free	*53:49	1:01.59
*2:19.89	*2:02.59	200 Free	1:56.89	2:12.99
*4:47.89	*5:24.99	400/500 Free	*5:12.09	4:38.89
10:02.89	11:15.49	800/1000 Free	10:48.49	9:38.79
19:24.49	19:01.59	1500/1650 Free	18:26.99	18:49.19
		50 Back	--	
1:13.69	*1:04.59	100 Back	*1:01.69	1:10.19
*2:37.69	*2:18.69	200 Back	*2:12.99	2:31.09
		50 Breast	--	
*1:24.59	*1:13.99	100 Breast	1:09.29	1:18.99
*3:02.09	*2:40.09	200 Breast	2:29.79	2:50.29
		50 Fly	--	
*1:11.49	*1:03.59	100 Fly	*1:00.69	*1:08.59
2:41.09	2:22.39	200 Fly	2:16.39	2:34.19
		100 IM	--	
*2:38.09	*2:19.49	200 IM	*2:12.89	2:31.29
*5:26.49	*4:52.39	400 IM	4:40.69	5:17.99

Notes:

1. 1. (*) indicates change due to yearly review of results. All conversions from SCY to LCM are calculated using USA Swimming conversion chart.

Order of Events
2008 Southern Zone Eastern Age Group Sectional Meet
March 13 - 16, 2008

Thursday, March 13, 2008 - Warm-up 4:00 pm, Start 5:30 pm

GIRLS	EVENTS	BOYS
1	11-12 400 IM ¹	2
3	11-12 1000 FREE	4
	13-14 1000 FREE	

Deck seeded event. Positive check in required.

²These events are run as 11-14 events but scored out as 11-12 and 13-14. They are listed separately for the purpose of displaying the qualifying standard.

Friday Morning, March 14, 2008 - Warm-up 7:00 am, Start 8:30 am

GIRLS	EVENTS	BOYS
7	11-12 200 FREE	8
9	13-14 200 FREE	10
13	11-12 100 BRST	14
15	13-14 100 BRST	16
19	11-12 50 FLY	20
21	13-14 100 FLY	22
25	11-12 100 IM	26
27	13-14 400 IM ¹	28
29	11-12 200 BACK ¹	30
31	13-14 400 FR RELAY	32
33	11-12 200 FR RELAY	34

1 Deck seeded event. Positive check in

GIRLS		EVENT		BOYS
7	FINALS	11-12 200 FREE	FINAL	8
9	FINALS	13-14 200 FREE	FINAL	10
13	FINALS	11-12 100 BREAST	FINAL S	14
15	FINALS	13-14 100 BREAST	FINAL S	16
19	FINALS	11-12 50 FLY	FINAL	20
21	FINALS	13-14 100 FLY	FINAL	22
25	FINALS	11-12 100 IM	FINAL	26
27	FINALS	13-14 400 IM	FINAL	28
29	1 st Heat	11-12 200 BACK	1 st Heat	30

Saturday Morning, March 15, 2008 - Warm-up 7:00 am, Start 8:30 am

GIRLS	EVENT	BOYS
37	11-12 100 FLY	38
39	13-14 200 FLY	40
43	11-12 100 FREE	44
45	13-14 50 FREE	46
47	11-12 50 BRST	48
49	13-14 200 BRST	50
53	11-12 50 BACK	54
55	13-14 100 BACK	56
59	11-12 500 FREE ¹	60
61	13-14 500 FREE ¹	62
65	11-12 200 MED RELAY	66
67	13-14 400 MED RELAY	68

¹ Deck seeded event. Positive check in required.

Saturday Evening, March 15, 2008 - Warm-up 4:30 pm, Start 5:30 pm

GIRLS		EVENTS		BOYS
37	FINALS	11-14 100 FLY	FINALS	38
39	FINALS	13-14 200 FLY	FINALS	40
43	FINALS	11-12 100 FREE	FINALS	44
45	FINALS	13-14 50 FREE	FINALS	46
47	FINALS	11-12 50 BREAST	FINALS	48
49	FINALS	13-14 200 BREAST	FINALS	50
53	FINALS	11-12 50 BACK	FINALS	54
59	1 st Heat	11-12 500 FREE	1 st Heat	60
61	FINALS	13-14 500 FREE	FINALS	62

Sunday Morning, March		16, 2008 - Warm-up	8:30 am
GIRLS	EVENTS		BOYS
69	11-12 200 FLY ¹		70
71	13-14 100 FREE		72
75	11-12 50 FREE		76
80	11-12 200 BRST ¹		81
82	13-14 200 BACK		83
86	11-12 100 BACK		87
91	13-14 200 IM		92
93	11-12 200 IM		94
77	11-12 1650 FREE ^{1,2}		88
	13-14 1650 FREE		

¹ Deck seeded event. Positive check in required. ²These events are run as an 11-14 event but scored out as 11-12 and 13-14. They are listed separately for the purpose of displaying the qualifying standard.

Sunday Evening, March 16, 2008 - Warm-up 4:00 pm, Start 5:00 pm

GIRLS				BOYS
69	1 st Heat	11-12 200 FLY	1 st Heat	70
71	FINALS	13-14 100 FREE	FINALS	72
75	FINALS	11-12 50 FREE	FINALS	76
77	1 st Heat	11-14 1650 FREE*		
80	1 st Heat	11-12 200 BREAST	1 st Heat	81
82	FINALS	13-14 200 BACK	FINALS	83
86	FINALS	11-12 100 BACK	FINALS	87
		11-14 1650 FREE*	1 st Heat	88
91	FINALS	13-14 200 IM	FINALS	92
93	FINALS	11-12 200 IM	FINALS	94

Order of Events
2008 Southern Zone Eastern Age Group Sectional Meet
March 13 - 16, 2008

Friday Afternoon, March 14, 2008 - Warm-up 1:00 pm, Start 1:45 pm

GIRLS	EVENTS	BOYS
5	10 & UN 200 FREE	6
11	10 & UN 100 BRST	12
17	10 & UN 50 FLY	18
23	10 & UN 100 IM	24

Saturday Afternoon, March 15, 2008 - Warm-up 1:00 pm, Start 1:45 pm

GIRLS	EVENTS	BOYS
35	10 & UN 100 FLY	36
41	10 & UN 100 FREE	42
51	10 & UN 50 BACK	52
57	10 & UN 500 FREE1	58
63	10 & UN 200 MED RELAY	64

1 Deck seeded event. Positive check in required

Sunday Afternoon, March 16, 2008 - Warm-up 1:00 pm, Start 1:45 pm

GIRLS	EVENTS	BOYS
73	10 & UN 50 FREE	74
78	10 & UN 50 BRST	79
84	10 & UN 100 BACK	85
89	10 & UN 200 IM	90
95	10 & UN 200 FR RELAY	96