

WARM-UP SCHEDULE:

FRIDAY, January 15, 2010

TIMED FINAL Session: **GENERAL WARM-UPS**

Warm-up: 4:45 PM

Competition: 5:45 PM

SATURDAY & SUNDAY, January 16 & 17, 2010

PRELIM Sessions: **GENERAL WARM-UPS**

Warm-up: 6:45 AM

Competition: 8:00 AM

SATURDAY FINALS Session: GENERAL WARM-UPS

Warm-up: 5:00 PM

Competition: 6:00 PM

SUNDAY FINALS Session: (1 Hour EARLIER START)

GENERAL WARM-UPS

Warm-up: 4:00 PM

Competition: 5:00 PM

SATURDAY & SUNDAY, January 16 & 17, 2010

12 & Under TIMED FINAL Sessions:

Warm-up: Following AM session

Competition: Following Warm-up

Assigned Warm-Ups

Saturday & Sunday 12 & Under Warm Ups

Times are estimated. Warm-ups could start earlier or later. Check with coach.

Session A: ~ 11:30am-12:00pm				Session B: ~ 12:00-12:30			
SCOREBOARD END							
Lane #	Team			Lane #	Team		
1	PACK			1	ACAC		
2	PACK			2	ACAC		
3	PACK			3	ACAC		
4	XCELL & LCST			4	TS		
5	LASO			5	TS		
6	BST			6	TS		
7	BST			7	GSCS		
8	TG			8	GSCS		
9	TG			9	COLA & AJAC		
BULKHEAD							
DIVING WELL END							
1	WA			1	GCS		
2	WA			2	BSC		
3	WA			3	BSC		
4	WA54			4	KAC & GAT		
5	SAC			5	BLAST		
6	SAC			6	BLAST		
7	ASC			7	HA & UNAT NC & TRIC		
8	BSL			8	HA		
9	SMAC			9	HA		

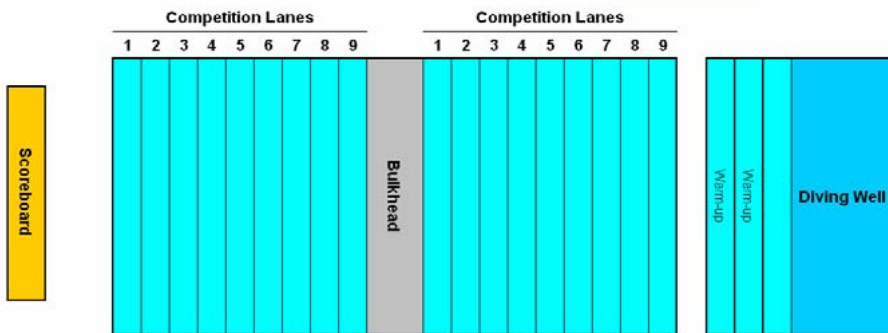
Swimmers, Coaches, & Officials ONLY on deck..!

No "Camping" allowed in concourse or stands

(In stands no folding chairs, sleeping bags, etc.)

Please send your 8 & under swimmer(s) to the bullpen early!

Press Box



Clerk of Course

Grand Stand

