

2010 Long Course Southeastern Championship – 7/22/2010 to 7/25/2010
Session Report

Session: 1 Thursday Timed Finals

Day of Meet: 1 Start at 4:00 PM Heat Interval: 15 Seconds / Back + 15 Seconds

Round	Event	Entries	Heats	Start
Finals	1 Women 11-12 800 Freestyle	28	4u	4:00 pm
Finals	2 Men 11-12 800 Freestyle	20	3u	4:50 pm
Finals	3 Women 13 & Over 1500 Freestyle	28	4u	5:20 pm
Finals	4 Men 13 & Over 800 Freestyle	44	6u	6:33 pm
	Swimmer Count for Warm-ups: 120			
	Entry / Heat Totals:	120	17	
	Finish Time			7:30 PM

2010 Long Course Southeastern Championship - 7/22/2010 to 7/25/2010
Session Report

Session: 2 Friday 13 and Over Prelims

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Prelims	5 Women 200 Freestyle	53	7	09:00 AM _____
Prelims	6 Men 200 Freestyle	92	12	09:18 AM _____
Prelims	7 Women 13-14 200 Freestyle	26	4	09:46 AM _____
Prelims	8 Men 13-14 200 Freestyle	28	4	09:57 AM _____
Prelims	9 Women 100 Breaststroke	52	7	10:07 AM _____
Prelims	10 Men 100 Breaststroke	74	10	10:19 AM _____
Prelims	11 Women 13-14 100 Breaststroke	31	4	10:34 AM _____
Prelims	12 Men 13-14 100 Breaststroke	38	5	10:41 AM _____
Prelims	13 Women 100 Backstroke	59	8	10:49 AM _____
Prelims	14 Men 100 Backstroke	80	10	11:03 AM _____
Prelims	15 Women 13-14 100 Backstroke	41	6	11:19 AM _____
Prelims	16 Men 13-14 100 Backstroke	36	5	11:30 AM _____
Prelims	17 Women 400 IM	40	5	11:39 AM _____
Prelims	18 Men 400 IM	39	5	12:08 PM _____
Prelims	19 Women 13-14 400 IM	27	4	12:35 PM _____
Prelims	20 Men 13-14 400 IM	32	4	12:59 PM _____
	Swimmer Count for Warm-ups: 456	=====	=====	
	Entry / Heat Totals:	748	100	
	Finish Time			01:23 PM _____

2010 Long Course Southeastern Championship - 7/22/2010 to 7/25/2010
Session Report

Session: 3 Friday 12 and Under Prelims

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Prelims	25 Women 11-12 200 Freestyle	65	9	09:00 AM _____
Prelims	26 Men 11-12 200 Freestyle	63	8	09:26 AM _____
Prelims	27 Women 10 & Under 200 Freestyle	74	10	09:50 AM _____
Prelims	28 Men 10 & Under 200 Freestyle	39	5	10:23 AM _____
Prelims	29 Women 11-12 50 Breaststroke	53	7	10:40 AM _____
Prelims	30 Men 11-12 50 Breaststroke	48	6	10:47 AM _____
Prelims	31 Women 10 & Under 50 Breaststroke	60	8	10:54 AM _____
Prelims	32 Men 10 & Under 50 Breaststroke	50	7	11:03 AM _____
Prelims	33 Women 11-12 50 Backstroke	67	9	11:12 AM _____
Prelims	34 Men 11-12 50 Backstroke	62	8	11:23 AM _____
Prelims	35 Women 10 & Under 50 Backstroke	76	10	11:33 AM _____
Prelims	36 Men 10 & Under 50 Backstroke	53	7	11:46 AM _____
	Swimmer Count for Warm-ups: 416	=====	=====	
	Entry / Heat Totals:	710	94	
	Finish Time			11:55 AM _____

2010 Long Course Southeastern Championship - 7/22/2010 to 7/25/2010
Session Report

Session: 4 Friday Finals

Day of Meet: 2 Starts at 05:30 PM Heat Interval: 65 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	5 Women 200 Freestyle	16	2u	05:30 PM _____
Finals	6 Men 200 Freestyle	16	2u	05:37 PM _____
Finals	7 Women 13-14 200 Freestyle	8	1u	05:43 PM _____
Finals	8 Men 13-14 200 Freestyle	8	1u	05:46 PM _____
Finals	25 Women 11-12 200 Freestyle	8	1u	05:49 PM _____
Finals	26 Men 11-12 200 Freestyle	8	1u	05:53 PM _____
Finals	27 Women 10 & Under 200 Freestyle	8	1u	05:56 PM _____
Finals	28 Men 10 & Under 200 Freestyle	8	1u	06:00 PM _____
Finals	9 Women 100 Breaststroke	16	2u	06:04 PM _____
Finals	10 Men 100 Breaststroke	16	2u	06:08 PM _____
Finals	11 Women 13-14 100 Breaststroke	8	1u	06:13 PM _____
Finals	12 Men 13-14 100 Breaststroke	8	1u	06:15 PM _____
Finals	29 Women 11-12 50 Breaststroke	8	1u	06:18 PM _____
Finals	30 Men 11-12 50 Breaststroke	8	1u	06:19 PM _____
Finals	31 Women 10 & Under 50 Breaststroke	8	1u	06:21 PM _____
Finals	32 Men 10 & Under 50 Breaststroke	8	1u	06:23 PM _____
Finals	13 Women 100 Backstroke	16	2u	06:25 PM _____
Finals	14 Men 100 Backstroke	16	2u	06:30 PM _____
Finals	15 Women 13-14 100 Backstroke	8	1u	06:34 PM _____
Finals	16 Men 13-14 100 Backstroke	8	1u	06:37 PM _____
Finals	33 Women 11-12 50 Backstroke	8	1u	06:39 PM _____
Finals	34 Men 11-12 50 Backstroke	8	1u	06:41 PM _____
Finals	35 Women 10 & Under 50 Backstroke	8	1u	06:43 PM _____
Finals	36 Men 10 & Under 50 Backstroke	8	1u	06:45 PM _____
Finals	17 Women 400 IM	16	2u	06:47 PM _____
Finals	18 Men 400 IM	16	2u	06:59 PM _____
Finals	19 Women 13-14 400 IM	8	1u	07:11 PM _____
Finals	20 Men 13-14 400 IM	8	1u	07:18 PM _____
Finals	37 Women 11-12 200 Freestyle Relay	18	3u	07:24 PM _____
Finals	38 Men 11-12 200 Freestyle Relay	15	2u	07:34 PM _____
Finals	39 Women 10 & Under 200 Freestyle Relay	23	3u	07:40 PM _____
Finals	40 Men 10 & Under 200 Freestyle Relay	15	2u	07:51 PM _____
Finals	21 Women 400 Freestyle Relay	21	3u	07:58 PM _____
Finals	22 Men 400 Freestyle Relay	30	4u	08:14 PM _____
Finals	23 Women 13-14 400 Freestyle Relay	12	2u	08:34 PM _____
Finals	24 Men 13-14 400 Freestyle Relay	14	2u	08:44 PM _____
	Swimmer Count for Warm-ups: 316	=====	=====	
	Entry / Heat Totals:	436	57	
	Finish Time			08:55 PM _____

2010 Long Course Southeastern Championship - 7/22/2010 to 7/25/2010
Session Report

Session: 5 Saturday 13 and Over Prelims

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Prelims	41 Women 200 Butterfly	40	5	09:00 AM _____
Prelims	42 Men 200 Butterfly	61	8	09:15 AM _____
Prelims	43 Women 13-14 200 Butterfly	17	3	09:37 AM _____
Prelims	44 Men 13-14 200 Butterfly	27	4	09:46 AM _____
Prelims	45 Women 50 Freestyle	67	9	09:58 AM _____
Prelims	46 Men 50 Freestyle	105	14	10:05 AM _____
Prelims	47 Women 13-14 50 Freestyle	52	7	10:15 AM _____
Prelims	48 Men 13-14 50 Freestyle	47	6	10:20 AM _____
Prelims	49 Women 200 IM	67	9	10:24 AM _____
Prelims	50 Men 200 IM	81	11	10:50 AM _____
Prelims	51 Women 13-14 200 IM	41	6	11:19 AM _____
Prelims	52 Men 13-14 200 IM	49	7	11:37 AM _____
Prelims	53 Women 400 Freestyle	55	7	11:57 AM _____
Prelims	54 Men 400 Freestyle	76	10	12:33 PM _____
Prelims	55 Women 13-14 400 Freestyle	21	3	01:21 PM _____
Prelims	56 Men 13-14 400 Freestyle	36	5	01:37 PM _____
	Swimmer Count for Warm-ups: 477	=====	=====	
	Entry / Heat Totals:	842	114	
	Finish Time			02:03 PM _____

2010 Long Course Southeastern Championship - 7/22/2010 to 7/25/2010
Session Report

Session: 6 Saturday 12 and Under Prelims

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Prelims	61 Women 11-12 100 Butterfly	52	7	09:00 AM _____
Prelims	62 Men 11-12 100 Butterfly	42	6	09:12 AM _____
Prelims	63 Women 10 & Under 100 Butterfly	44	6	09:23 AM _____
Prelims	64 Men 10 & Under 100 Butterfly	25	4	09:35 AM _____
Prelims	65 Women 11-12 50 Freestyle	76	10	09:43 AM _____
Prelims	66 Men 11-12 50 Freestyle	53	7	09:52 AM _____
Prelims	67 Women 10 & Under 50 Freestyle	71	9	09:58 AM _____
Prelims	68 Men 10 & Under 50 Freestyle	47	6	10:07 AM _____
Prelims	69 Women 11-12 200 IM	48	6	10:12 AM _____
Prelims	70 Men 11-12 200 IM	39	5	10:32 AM _____
Prelims	71 Women 10 & Under 200 IM	85	11	10:48 AM _____
Prelims	72 Men 10 & Under 200 IM	52	7	11:29 AM _____
	Break: 10 Minutes			
Finals	73 Women 11-12 400 Freestyle	45	6u	12:06 PM _____
Finals	74 Men 11-12 400 Freestyle	34	5u	12:39 PM _____
Finals	75 Women 10 & Under 400 Freestyle	47	6u	01:08 PM _____
Finals	76 Men 10 & Under 400 Freestyle	22	3u	01:47 PM _____
	Swimmer Count for Warm-ups: 375	=====	=====	
	Entry / Heat Totals:	782	104	
	Finish Time			02:06 PM _____

2010 Long Course Southeastern Championship - 7/22/2010 to 7/25/2010
Session Report

Session: 7 Saturday Finals

Day of Meet: 3 Starts at 05:30 PM Heat Interval: 65 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	41 Women 200 Butterfly	16	2u	05:30 PM _____
Finals	42 Men 200 Butterfly	16	2u	05:38 PM _____
Finals	43 Women 13-14 200 Butterfly	8	1u	05:44 PM _____
Finals	44 Men 13-14 200 Butterfly	8	1u	05:48 PM _____
Finals	61 Women 11-12 100 Butterfly	8	1u	05:51 PM _____
Finals	62 Men 11-12 100 Butterfly	8	1u	05:53 PM _____
Finals	63 Women 10 & Under 100 Butterfly	8	1u	05:56 PM _____
Finals	64 Men 10 & Under 100 Butterfly	8	1u	05:58 PM _____
Finals	45 Women 50 Freestyle	16	2u	06:01 PM _____
Finals	46 Men 50 Freestyle	16	2u	06:04 PM _____
Finals	47 Women 13-14 50 Freestyle	8	1u	06:07 PM _____
Finals	48 Men 13-14 50 Freestyle	8	1u	06:08 PM _____
Finals	65 Women 11-12 50 Freestyle	8	1u	06:10 PM _____
Finals	66 Men 11-12 50 Freestyle	8	1u	06:11 PM _____
Finals	67 Women 10 & Under 50 Freestyle	8	1u	06:13 PM _____
Finals	68 Men 10 & Under 50 Freestyle	8	1u	06:15 PM _____
Finals	49 Women 200 IM	16	2u	06:16 PM _____
Finals	50 Men 200 IM	16	2u	06:23 PM _____
Finals	51 Women 13-14 200 IM	8	1u	06:30 PM _____
Finals	52 Men 13-14 200 IM	8	1u	06:33 PM _____
Finals	69 Women 11-12 200 IM	8	1u	06:37 PM _____
Finals	70 Men 11-12 200 IM	8	1u	06:41 PM _____
Finals	71 Women 10 & Under 200 IM	8	1u	06:44 PM _____
Finals	72 Men 10 & Under 200 IM	8	1u	06:48 PM _____
Finals	53 Women 400 Freestyle	16	2u	06:52 PM _____
Finals	54 Men 400 Freestyle	16	2u	07:04 PM _____
Finals	55 Women 13-14 400 Freestyle	8	1u	07:14 PM _____
Finals	56 Men 13-14 400 Freestyle	8	1u	07:20 PM _____
Finals	77 Women 11-12 200 Medley Relay	18	3u	07:26 PM _____
Finals	78 Men 11-12 200 Medley Relay	13	2u	07:37 PM _____
Finals	79 Women 10 & Under 200 Medley Relay	23	3u	07:44 PM _____
Finals	80 Men 10 & Under 200 Medley Relay	15	2u	07:56 PM _____
Finals	57 Women 400 Medley Relay	21	3u	08:05 PM _____
Finals	58 Men 400 Medley Relay	31	4u	08:23 PM _____
Finals	59 Women 13-14 400 Medley Relay	12	2u	08:45 PM _____
Finals	60 Men 13-14 400 Medley Relay	14	2u	08:58 PM _____
	Swimmer Count for Warm-ups: 300	=====	=====	
	Entry / Heat Totals:	435	57	
	Finish Time			09:10 PM _____

2010 Long Course Southeastern Championship - 7/22/2010 to 7/25/2010
Session Report

Session: 8 Sunday 13 and Over Prelims

Day of Meet: 4 Starts at 09:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	83 Women 13-14 200 Backstroke	38	5	09:00 AM	_____
Prelims	84 Men 13-14 200 Backstroke	32	4	09:17 AM	_____
Prelims	85 Women 200 Backstroke	50	7	09:29 AM	_____
Prelims	86 Men 200 Backstroke	57	8	09:51 AM	_____
Prelims	87 Women 13-14 100 Freestyle	38	5	10:15 AM	_____
Prelims	88 Men 13-14 100 Freestyle	37	5	10:22 AM	_____
Prelims	89 Women 100 Freestyle	63	8	10:28 AM	_____
Prelims	90 Men 100 Freestyle	101	13	10:39 AM	_____
Prelims	91 Women 13-14 200 Breaststroke	28	4	10:54 AM	_____
Prelims	92 Men 13-14 200 Breaststroke	35	5	11:08 AM	_____
Prelims	93 Women 200 Breaststroke	52	7	11:24 AM	_____
Prelims	94 Men 200 Breaststroke	69	9	11:47 AM	_____
Prelims	95 Women 13-14 100 Butterfly	28	4	12:15 PM	_____
Prelims	96 Men 13-14 100 Butterfly	41	6	12:21 PM	_____
Prelims	97 Women 100 Butterfly	61	8	12:30 PM	_____
Prelims	98 Men 100 Butterfly	85	11	12:41 PM	_____
	Break: 10 Minutes				
Finals-S	81 Women 13 & Over 800 Freestyle	24	3u	01:06 PM	_____
Finals-1	82 Men 13 & Over 1500 Freestyle	8	1u	01:36 PM	_____
	Swimmer Count for Warm-ups: 486	=====	=====		
	Entry / Heat Totals:	847	113		
	Finish Time			01:53 PM	_____

2010 Long Course Southeastern Championship - 7/22/2010 to 7/25/2010
Session Report

Session: 9 Sunday 12 and Under Prelims

Day of Meet: 4 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Prelims	99 Women 10 & Under 100 Backstroke	63	8	09:00 AM _____
Prelims	100 Men 10 & Under 100 Backstroke	48	6	09:18 AM _____
Prelims	101 Women 11-12 100 Backstroke	63	8	09:31 AM _____
Prelims	102 Men 11-12 100 Backstroke	51	7	09:47 AM _____
Prelims	103 Women 10 & Under 100 Freestyle	77	10	10:01 AM _____
Prelims	104 Men 10 & Under 100 Freestyle	50	7	10:18 AM _____
Prelims	105 Women 11-12 100 Freestyle	66	9	10:30 AM _____
Prelims	106 Men 11-12 100 Freestyle	52	7	10:44 AM _____
Prelims	107 Women 10 & Under 100 Breaststroke	53	7	10:54 AM _____
Prelims	108 Men 10 & Under 100 Breaststroke	38	5	11:09 AM _____
Prelims	109 Women 11-12 100 Breaststroke	53	7	11:20 AM _____
Prelims	110 Men 11-12 100 Breaststroke	34	5	11:34 AM _____
Prelims	111 Women 10 & Under 50 Butterfly	66	9	11:44 AM _____
Prelims	112 Men 10 & Under 50 Butterfly	42	6	11:53 AM _____
Prelims	113 Women 11-12 50 Butterfly	71	9	11:59 AM _____
Prelims	114 Men 11-12 50 Butterfly	54	7	12:08 PM _____
	Swimmer Count for Warm-ups: 414	=====	=====	
	Entry / Heat Totals:	881	117	
	Finish Time			12:14 PM _____

2010 Long Course Southeastern Championship - 7/22/2010 to 7/25/2010
Session Report

Session: 10 Sunday Finals

Day of Meet: 4 Starts at 05:00 PM Heat Interval: 65 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-1	81 Women 13 & Over 800 Freestyle	8	1u	05:00 PM	_____
Finals-S	82 Men 13 & Over 1500 Freestyle	37	5u	05:11 PM	_____
Finals	99 Women 10 & Under 100 Backstroke	8	1u	06:45 PM	_____
Finals	100 Men 10 & Under 100 Backstroke	8	1u	06:48 PM	_____
Finals	101 Women 11-12 100 Backstroke	8	1u	06:51 PM	_____
Finals	102 Men 11-12 100 Backstroke	8	1u	06:53 PM	_____
Finals	83 Women 13-14 200 Backstroke	8	1u	06:56 PM	_____
Finals	84 Men 13-14 200 Backstroke	8	1u	07:00 PM	_____
Finals	85 Women 200 Backstroke	16	2u	07:03 PM	_____
Finals	86 Men 200 Backstroke	16	2u	07:11 PM	_____
Finals	103 Women 10 & Under 100 Freestyle	8	1u	07:18 PM	_____
Finals	104 Men 10 & Under 100 Freestyle	8	1u	07:20 PM	_____
Finals	105 Women 11-12 100 Freestyle	8	1u	07:22 PM	_____
Finals	106 Men 11-12 100 Freestyle	8	1u	07:25 PM	_____
Finals	87 Women 13-14 100 Freestyle	8	1u	07:27 PM	_____
Finals	88 Men 13-14 100 Freestyle	8	1u	07:29 PM	_____
Finals	89 Women 100 Freestyle	16	2u	07:31 PM	_____
Finals	90 Men 100 Freestyle	16	2u	07:35 PM	_____
Finals	107 Women 10 & Under 100 Breaststroke	8	1u	07:39 PM	_____
Finals	108 Men 10 & Under 100 Breaststroke	8	1u	07:42 PM	_____
Finals	109 Women 11-12 100 Breaststroke	8	1u	07:44 PM	_____
Finals	110 Men 11-12 100 Breaststroke	8	1u	07:47 PM	_____
Finals	91 Women 13-14 200 Breaststroke	8	1u	07:49 PM	_____
Finals	92 Men 13-14 200 Breaststroke	8	1u	07:53 PM	_____
Finals	93 Women 200 Breaststroke	16	2u	07:57 PM	_____
Finals	94 Men 200 Breaststroke	16	2u	08:05 PM	_____
Finals	111 Women 10 & Under 50 Butterfly	8	1u	08:12 PM	_____
Finals	112 Men 10 & Under 50 Butterfly	8	1u	08:13 PM	_____
Finals	113 Women 11-12 50 Butterfly	8	1u	08:15 PM	_____
Finals	114 Men 11-12 50 Butterfly	8	1u	08:17 PM	_____
Finals	95 Women 13-14 100 Butterfly	8	1u	08:18 PM	_____
Finals	96 Men 13-14 100 Butterfly	8	1u	08:21 PM	_____
Finals	97 Women 100 Butterfly	16	2u	08:23 PM	_____
Finals	98 Men 100 Butterfly	16	2u	08:27 PM	_____
	Swimmer Count for Warm-ups: 280	=====	=====		
	Entry / Heat Totals:	365	46		
	Finish Time			08:31 PM	_____