



**MEET FORMAT:** Prelim/Finals and Timed finals meet with 74 events as set forth on the "Order of Events" (attached). Pilot Aquatic Club reserves the right to limit ANY event to allow the meet to run in the allotted time.

There will be a championship & consolation heat (top 16) for all 13 & Over prelim/final events. All events 200 meters or shorter will be pre-seeded. Individual events 400 meters or longer are timed finals, positive check-in is required, and these events will be deck-seeded.

All Relays are timed final events. 13 & Over relays will be deck seeded, positive check-in is required, with the fastest heat of women (8) and men (8) swimming with finals.

The 800 and 1500 Freestyle are will swim fastest to slowest, alternating women then men. Entry times must be submitted in actual time achieved and will be verified.

The 400 IM is timed finals, positive check-in is required, this event is deck seeded, swimming fastest to slowest, alternating women then men, with the fastest heat of women (8) and men (8) swimming with finals.

The 400 Free is timed finals, positive check-in is required, this event is deck seeded, swimming fastest to slowest, alternating women then men, with the fastest heat of women (8) and men (8) swimming with finals.

**DISTANCE PROOF OF TIMES:** Entry times for the 400 Free, 400 IM, 800 Free and the 1500 Free must be submitted in actual time achieved and will be verified by USA Swimming national times database/SWIMS. Conversions are not permitted.

**ENTRY LIMITS:** 13 & Over swimmers are limited to 3 individual events per day (including time trials) exclusive of relays, but not more than 9 individual events total exclusive of time trials) for the meet. 12 & Under swimmers are limited to 4 individual events per day, exclusive of relays.

**ENTRIES:** The swimmer's age on the first day of the meet will determine the age for the entire meet. All participants must be USA-S registered swimmers and have current registration numbers listed on the entry form. The entry fee, as calculated, must accompany meet entries with the signed and dated release form and summary found attached to this announcement and by a hard copy backup of the meet entry data. Late entries will be accepted only at the meet referee's discretion and only on an open lane basis. Teams are encouraged to submit their entries as soon as possible since this meet usually fills to capacity. Entries are preferred by email. Signature requirement must be waived for all USPS, Fed-Ex and, UPS deliveries.

**ENTRY TIMES:** Enter with best LONG COURSE METERS TIMES achieved in competition or time trial. Entry times should be in hundredths.

**ENTRIES:** **Entries will be confirmed upon receipt of entry fees and signed waivers.** This meet is expected to fill to capacity. Entries that are not accompanied by payment of entry fees will not be considered confirmed. The swimmer's age on the first day of the meet will determine the age for the entire meet. All participants must be USA Swimming registered swimmers and have current registration numbers listed on the entry form. The entry fee as calculated must accompany meet entries. In addition, the signed and dated **release form and summary** found attached to this announcement and a **hard copy backup** of the meet entry data must also be submitted. Late entries will be accepted only at the meet referee's discretion and only on an open lane basis. Late entry fees are \$6.00 per individual event and \$12.00 per relay. Entries must be received no later than **June 8, 2010**. **All entries should be submitted by email:** [meetentries@pilotaquaticclub.com](mailto:meetentries@pilotaquaticclub.com) Final results will be posted at the conclusion of the meet on the PACK website: [www.pilotaquaticclub.org](http://www.pilotaquaticclub.org).

<b>ENTRY FEES:</b>	Individual event	----	\$5.00
	Relays	----	\$10.00
	Facility Fee per swimmer	----	\$5.00
	SES Swimmer Surcharge	----	\$3.00
	<b>Non-SES Swimmer Surcharge</b>	<b>--</b>	<b>\$5.00</b>

Make checks payable to "**Pilot Aquatic Club**". Entry fees and the signed release form must accompany the meet entry forms/emailed entries. **Entries submitted without payment are not considered confirmed and subject to rejection if the meet fills.**

**TIME TRIALS:** Time Trials will be conducted at the discretion of the meet referee. Time Trials fees: \$10.00

**CHECK-IN:** Relays and individual swimmers must check-in at the Clerk of Course for deck-seeded events as per the stipulation for that event as listed in the Order of Events. Swimmers are encouraged to check-in at the beginning of each day.

**SCRATCHES:** A swimmer may scratch a **pre-seeded event** on the blocks without penalty. Swimmers entered in an individual event 400 yards or longer, who have checked in for that event, must swim in the event unless they notify the Clerk of Course (before seeding for that event has been done) that they wish to scratch. **Failure to scratch a deck seeded event prior to seeding and not swimming the event will result in the swimmer being barred from the next individual event in which they are entered, whether it is that day or the next day.**

**Any swimmer qualifying for a consolation final or final race in an individual event who fails to compete in said consolation final or final race shall be barred from further competition for the remainder of the meet except as noted below:**

- 1) The Referee is notified in the event of illness or injury and accepts proof thereof.
- 2) A swimmer qualifying for a consolation final or final race based on the results of the preliminaries notifies the Referee of his/her intention not to compete within thirty minutes of the posted time for preliminary results.
- 3) It is determined by the Referee that failure to compete is caused by circumstances beyond control of the swimmer.

***\*\*Sunday finals will be conducted on a positive check in basis. Those qualifiers desiring to swim finals must positively check in within the time limits specified in USAS Scratch Rule article 207.12.6 D and E. Those swimmers not positively checking in will not be considered for finals.***

**AWARDS:** There will be individual awards for the top eight swimmers in each 12 & Under individual event.

**SCORING:** The meet will not be scored individually or by team.

**WARM-UP RULES:** Southeastern Swimming, Inc. safety guidelines and warm-up procedures will be in effect.

A. General Warm-up

1. NO DIVING OR RACING STARTS ALLOWED FROM BLOCKS OR EDGE OF POOL. Swimmers must enter feet first in a cautious manner.
2. No sprinting or pace work allowed during the general warm-up session.
3. All lanes to be used for general warm-up.

B. Specific warm-up

- |                         |     |                                  |
|-------------------------|-----|----------------------------------|
| 1. PACE, no diving      | --- | Lanes 1, 8                       |
| 2. SPRINTS, dive starts | --- | Lanes 2, 7 return in lanes 3 & 6 |
| 3. GENERAL, no diving   | --- | Lanes 3, 4, 5, 6                 |

Additional sprint lanes may be made available upon request to the Meet Referee

**MEET EVALUATION:** You are encouraged to send a meet evaluation to the Southeastern Swimming General Chairman:  
John Woods, 205 Island Avenue, Chattanooga, TN 37405, [flipper@gps.edu](mailto:flipper@gps.edu)

**MAIL ENTRY FORMS TO:** PILOT AQUATIC CLUB  
C/O Jackie Bertucci  
9914 Cedar Croft Circle  
Knoxville, TN 37932

***Signature requirement must be waived*** for all USPS, Fed-EX and UPS deliveries.  
**ENTRIES & FEES MUST BE RECEIVED NO LATER THAN Tuesday, JUNE 8, 2010.**

## 2010 SE Volunteer Invitational

### -- ORDER OF EVENTS --

FRIDAY, JUNE 18, 2010

13 & Over PRELIM SESSION

GENERAL Warm-up begins at 6:45AM Competition begins at 8:00AM  
Continuous warm-up/warm-down will be available in the diving well.

WOMEN		EVENT ORDER		MEN
<b>3</b>	13 & Over	100 Breastroke		<b>4</b>
<b>5</b>	13 & Over	200 Freestyle		<b>6</b>
<b>7</b>	13 & Over	100 Butterfly		<b>8</b>
<b>9</b>	13 & Over	200 Individual Medley		<b>10</b>
<b>11 *</b>	13 & Over	1500 Freestyle		<b>* 12</b>

\* 1500 Freestyle is a timed final event and will be deck seeded. Positive Check in by 9:00am.  
1500 Freestyle will be swum fastest to slowest, alternating women, then men. This event may be limited.  
The fastest heat will swim with finals.  
All times will be verified with the SWIMS database

If any events must be limited, notification will be posted on the PACK website. [www.pilotaquaticclub.com](http://www.pilotaquaticclub.com)

FRIDAY, JUNE 18, 2010

13 & Over FINAL SESSION

GENERAL Warm-up begins at 4:30PM Competition begins at 5:30PM  
Continuous warm-up/warm-down will be available in the diving well.

WOMEN		EVENT ORDER		MEN
<b>1 *</b>	13 & Over	800 Freestyle Relay		<b>* 2</b>
<b>3</b>	13 & Over	100 Breastroke		<b>4</b>
<b>5</b>	13 & Over	200 Freestyle		<b>6</b>
<b>7</b>	13 & Over	100 Butterfly		<b>8</b>
<b>9</b>	13 & Over	200 Individual Medley		<b>10</b>
<b>11 **</b>	13 & Over	1500 Freestyle		<b>** 12</b>

\* 800 Freestyle Relay is a timed final events and will be deck seeded.  
Relay cards due by 4:45pm or earlier

\*\* 1500 Freestyle is a timed final event and will be deck seeded. The fastest heat will swim with finals.

SATURDAY, JUNE 19, 2010

13 & Over PRELIM SESSION

GENERAL Warm-up begins at 6:45AM Competition begins at 8:00AM  
Continuous warm-up/warm-down will be available in the diving well.

WOMEN		EVENT ORDER	MEN
15 *	13 & Over	400 Individual Medley	* 16
17	13 & Over	50 Freestyle	18
19	13 & Over	200 Breastroke	20
21	13 & Over	100 Backstroke	22
23 **	13 & Over	800 Freestyle	** 24

\* 400 IM is a timed final event and will be deck seeded. Positive Check in by 7:30am  
400 IM will be swum fastest to slowest, alternating women, then men. This event may be limited.  
The fastest heat will swim with finals.

\*\* 800 Freestyle is a timed final event and will be deck seeded. Positive Check in by 9:00am.  
800 Freestyle will be swum fastest to slowest, alternating women, then men. This event may be limited.  
The fastest heat will swim with finals.  
All times will be verified with the SWIMS database

SATURDAY, JUNE 19, 2010

13 & Over FINAL SESSION

GENERAL Warm-up begins at 4:30PM Competition begins at 5:30PM  
Continuous warm-up/warm-down will be available in the diving well.

WOMEN		EVENT ORDER	MEN
13	13 & Over	400 Medley Relay	14
15	13 & Over	400 Individual Medley	16
17	13 & Over	200 Breastroke	18
19	13 & Over	100 Backstroke	20
21	13 & Over	50 Freestyle	22
23 *	13 & Over	800 Freestyle	* 24

\* 400 Medley Relay is a timed final events and will be deck seeded.  
Relay cards due by 4:45pm or earlier

\*\* 800 Freestyle is a timed final event and will be deck seeded. The fastest heat will swim with finals.

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SATURDAY, JUNE 19, 2010

12 & UNDER TIMED FINALS SESSION

Warm-up begins Immediately following AM session  
Timeline will be sent to coaches for estimate time of competition

WOMEN		EVENTS	MEN
25	11 & 12	200 Freestyle	26
27	10 & Under	200 Freestyle	28
29	11 & 12	100 Backstroke	30
31	10 & Under	100 Backstroke	32
33	11 & 12	50 Breastroke	34
35	10 & Under	50 Breastroke	36
37	11 & 12	50 Freestyle	38
39	10 & Under	50 Freestyle	40
41	11 & 12	100 Butterfly	42
43	10 & Under	100 Butterfly	44

SUNDAY, JUNE 20, 2010

13 & Over PRELIM SESSION

GENERAL Warm-up begins at 6:45AM Competition begins at 8:00AM  
Continuous warm-up/warm-down will be available in the diving well.

WOMEN		EVENT ORDER	MEN
47	13 & Over	200 Backstroke	48
49	13 & Over	100 Freestyle	50
51	13 & Over	200 Butterfly	52
53 *	13 & Over	400 Freestyle	* 54

- \* 400 Freestyle is a timed final event and will be deck seeded. Positive Check in by 8:30am.  
400 Freestyle will be swum fastest to slowest, alternating women, then men. This event may be limited.  
The fastest heat will swim with finals.  
All times will be verified with the SWIMS database

SUNDAY, JUNE 20, 2010

13 & Over FINAL SESSION

GENERAL Warm-up begins at 4:00PM Competition begins at 5:00PM  
Continuous warm-up/warm-down will be available in the diving well.

WOMEN		EVENT ORDER	MEN
45 *	13 & Over	400 Freestyle Relay	* 46
47	13 & Over	200 Backstroke	48
49	13 & Over	100 Freestyle	50
51	13 & Over	200 Butterfly	52
53 **	13 & Over	400 Freestyle	** 54

- \* 400 Freestyle Relay is a timed final events and will be deck seeded.  
Relay cards due by 4:15pm or earlier
- \*\* 400 Freestyle is a timed final event and will be deck seeded. The fastest heat will swim with finals.

**SUNDAY FINALS WILL BE CONDUCTED ON A POSITIVE CHECK IN BASIS.  
THOSE QUALIFIERS DESIRING TO SWIM FINALS MUST POSITIVELY CHECK IN WITH IN  
THE TIME LIMITS SPECIFIED WITH USAS SCRATCH RULE.**

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SUNDAY, JUNE 20, 2010

12 & UNDER TIMED FINALS SESSION

Warm-up begins Immediately following AM session  
Timeline will be sent to coaches for estimate time of competition

WOMEN		EVENTS	MEN
55	11 & 12	200 Individual Medley	56
57	10 & Under	200 Individual Medley	58
59	11 & 12	100 Freestyle	60
61	10 & Under	100 Freestyle	62
63	11 & 12	50 Backstroke	64
65	10 & Under	50 Backstroke	66
67	11 & 12	50 Butterfly	68
69	10 & Under	50 Butterfly	70
71	11 & 12	100 Breaststroke	72
73	10 & Under	100 Breaststroke	74

**WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:**

(This form **MUST** accompany Meet Entry)

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I also acknowledge that I am familiar with the rules of USA Swimming and Southeastern Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my team's swimmers with those rules during this meet. The Pilot Aquatic Club and the University of Tennessee, Southeastern Swimming, Inc. and USA Swimming, their agents, officers, representatives, employees and coaches shall be free from any liability or claim for damages for any and all injuries, illnesses or damage to valuables which may be sustained at this meet or while in transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results or any other documents associated with the running of this meet.

Signature of coach or club official: \_\_\_\_\_

Club: \_\_\_\_\_ Date: \_\_\_\_\_

**Please check one:**

- Our team will arrive as individuals.
- Our team will be traveling by bus together.

**Please check one or more if you or your team is staying at our sponsoring hotels:**

- Crowne Plaza Knoxville (Downtown)
- Hampton Inn (Downtown)
- Hilton (Downtown)
- Holiday Inn Select (Downtown)
- Marriott Knoxville Hotel (Downtown)
- Holiday Inn Knoxville Central @ Papermill
- Courtyard by Marriott (Cedar Bluff)
- Hampton Inn (Cedar Bluff)
- Hilton Garden Inn (Cedar Bluff)
- Residence Inn by Marriott (Cedar Bluff)
- TownPlace Suites by Marriott (Cedar Bluff)
- Homewood Suites by Hilton (Lovell Rd/Turkey Creek)
- SpringHill Suites by Marriott (Lovell Rd/Turkey Creek)
- Other \_\_\_\_\_

**TEAM INFORMATION**

Team Name: \_\_\_\_\_ Code: \_\_\_\_\_

Email Address: \_\_\_\_\_ LSC: \_\_\_\_\_

Coach: \_\_\_\_\_

**Coach Cell: \_\_\_\_\_ must have cell to reach for finals changes**

Team Address: \_\_\_\_\_

Team Phone #: \_\_\_\_\_

Team Contact for Entry issues: \_\_\_\_\_ Phone#: \_\_\_\_\_

**SUMMARY OF FEES**

<b>NUMBER OF SWIMMERS:</b>		<b>Southeastern LSC SURCHARGE &amp; Facility Fee X \$8.00</b>	
<b>NUMBER OF SWIMMERS:</b>		<b>Out of SES LSC surcharge &amp; Facility Fee X \$10.00</b>	
<b>NUMBER OF IND. EVENTS:</b>		<b>X \$5.00 PER EVENT ENTRY FEE =</b>	
<b>NUMBER OF RELAYS:</b>		<b>X \$10.00 PER RELAY ENTRY FEE =</b>	
<b>Total Due:</b>			

# INFORMATION FORM FOR DISABLED SWIMMERS

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

AGE AND BIRTHDATE: (\_\_) \_\_/\_\_/\_\_ PHONE (\_\_\_\_) \_\_\_\_\_

EVENTS TO BE SWUM \_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_

TYPES OF DISABILITY:

Blind \_\_\_\_ Mentally Retarded \_\_\_\_ Deaf \_\_\_\_ Physical \_\_\_\_

Other \_\_\_\_\_

EXTENT OF DISABILITY: Be specific e.g. totally or partially blind, totally or partially deaf, loss of one of more limbs, multiple disabilities, etc.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

The following person(s) will accompany the swimmer for any needed assistance:

\_\_\_\_\_

Seizures? Yes \_\_\_ No \_\_\_ Are you on medication? Yes \_\_\_ No \_\_\_

Name of Medication and amount \_\_\_\_\_

PARENT'S OR GUARDIAN'S NAME \_\_\_\_\_

PARENT'S OR GUARDIAN'S SIGNATURE \_\_\_\_\_

ATHLETE'S SIGNATURE \_\_\_\_\_

\*\*\*\*\*

PHYSICIAN'S NAME (Please Print) \_\_\_\_\_

PHYSICIAN'S ADDRESS \_\_\_\_\_

PHYSICIAN'S PHONE NUMBER (\_\_\_\_) \_\_\_\_\_

I have examined the above Entrant and, in my opinion, there is no mental or physical reason why he or she should not participate in United States Swimming competitions.

\_\_\_\_\_  
Physician's Signature

\_\_\_\_/\_\_\_\_/\_\_\_\_  
Date

