

2009 SE 26th Annual Pilot Invitational

November 14-16, 2009

The meet will be conducted under the auspices of Southeastern Swimming, Inc. & USA Swimming, the rules of which will apply.

SANCTION #: 09SEPACK11-14 **TIME TRIAL SANCTION #:** 09SEPACK11-14TT

HOST CLUB: PILOT AQUATIC CLUB of KNOXVILLE

LOCATION: Allan Jones Intercollegiate Aquatic Center
University of Tennessee
2200 Andy Holt Avenue
Knoxville, Tennessee 37996

VENUE: Two 25-yard competition courses (maximum of 9 lanes per course) with slanted starting blocks (28 inches above the water surface). Meet entries will determine the number of lanes used on each course during the prelims and timed final sessions. Nine lanes will be used for the finals sessions. Pool depth is 8 feet at ends, 9 feet in the center. Lanes are 9 feet wide formed by 6 inch Competitor lane markers. Warm-up/warm-down pool is located adjacent to the competition pool, with a minimum of two separate 25-yard warm-up/ warm-down lanes available. Seating for 1,284 spectators in the balcony overlooking the pool. Only coaches and athletes are permitted on the pool deck, locker rooms are adjacent to the pool.

TIMING: Daktronic electronic timing system and scoreboard.

OFFICIALS: Meet Referee: Richard Goodman, good8820@aol.com
Meet Director: Jackie Bertucci, meetentries@pilotaquaticclub.com

Visiting officials are welcome. All officials must wear current USA membership card while on deck and must present current Officials certification card to Meet Referee at check-in. Please contact Rich Goodman at good8820@aol.com with level of certification and sessions you desire to work.

*The SES dress code of white polo shirts and khaki bottoms will be worn for all prelims and timed finals sessions. "Oxford" blue shirts with khaki bottoms will be worn for all finals sessions. White socks/shoes are worn for all sessions.

RULES: Current USA Swimming Rules and Regulations will apply except as otherwise noted.

ELIGIBILITY: All swimmers must be currently registered 2009 athlete members of USA Swimming or FINA and all coaches who wish to have deck access must be currently registered 2009 non-athlete coach members of USA-S or FINA.

CREDENTIALS: In accordance with Southeastern Swimming Rules, coaches and officials are required to display proof of current USA Swimming membership. You **must have** your credentials to enter the pool deck.

SCHEDULE: November 13, 2009

TIMED FINAL Session:
Warm-up: 4:15 PM
Competition: 5:30 PM

November 14 & 15, 2009

PRELIM Sessions:
Warm-up: 6:45 AM
Competition: 8:00 AM

SATURDAY FINALS Session:
Warm-up: 5:00 PM
Competition: 6:00 PM

SUNDAY FINALS Session: (1 Hour EARLIER START)
Warm-up: 4:00 PM
Competition: 5:00 PM

November 14 & 15, 2009

12 & Under TIMED FINAL Sessions:
Warm-up: Immediately following AM session
Competition: Immediately following Warm-up,

MEET FORMAT: Prelim/Finals and Timed finals meet with 120 events as set forth on the "Order of Events" (attached). Pilot Aquatic Club reserves the right to limit **ANY** event to allow the meet to run in the allotted time. All events for 13 and over age groups will be conducted as preliminary/final events, with the exception of the 400 IM, 500 Free and 1000/1650 Free, which will be swum as deck seeded, timed finals, positive check-in required. There will be a championship & consolation heat (top 18) for all 13 & over prelim/final events. All events 200 yards or shorter will be pre-seeded, except the 11-12 & 10 & Under 200 IM and the 12 & Under 200 yard free, which will be deck seeded, check-in required. 13 & Over relays will swim with finals, are deck seeded, positive check-in is required. All individual and relay events for swimmers 12 and under will be timed finals.

SEEDING: All events 200 yards or shorter will be pre-seeded, except the 11-12 and 10 & Under 200 IM and 12 & Under 200 free which will be deck seeded. All events 400 yards or longer will be deck seeded. The **11-12 and 10 & Under 200 IM** will be swum fastest to slowest and the number of heats may be limited. The **11 – 12 500y Free** will be swum **fastest to slowest**, the number of heats swum may be limited. The **13 & OVER 400y IM** will be swum **fastest to slowest** and the number of heats swum may be limited. The fastest sixteen (16) 13 – 14 year olds of each sex are guaranteed to swim. The **13 & OVER 500y Free** will be swum **fastest to slowest** and the number of heats swum may be limited. The fastest sixteen (16) 13 – 14 year olds of each sex are guaranteed to swim. The **MEN'S 13 & OVER 1650 Free, Event # 26**, will be swum on **Saturday**. It will be swum **fastest to slowest**, *with the exception of the fastest heat of 9*, which will be swum in the **final session on Saturday** night. Entries may be limited. The **WOMEN'S 13 & OVER 1000 Free, Event #83**, will be swum on **Sunday**. It will be swum **fastest to slowest**, *with the exception of the fastest heat of 9*, which will be swum in the **final session on Sunday** night. The fastest twelve (12) 13-14 year olds are guaranteed to swim. Entries may be limited. Swimmers must declare an AM or PM preference.

ENTRY LIMITS: Swimmers competing in **only timed final events** may enter up to **four** events per day, exclusive of relays. Swimmers competing in **prelim/finals or a combination of prelim/finals and timed final events** may enter **three** individual events per day exclusive of relays. The meet committee reserves the right to limit and/or eliminate relays and/or limit heats in any events to run the meet within the time allocated.

ENTRIES: The swimmer's age on the first day of the meet will determine the age for the entire meet. All participants must be USA Swimming registered swimmers and have current registration numbers in their entry & on entry form. The entry fee as calculated must accompany meet entries, by the due date, November 3. The signed and dated **release form and summary** found attached to this announcement, and **hard copy backup** of the meet entry data must also be submitted by the due date.

Late entries will be accepted only at the meet referee's discretion and only on an open lane basis. Late entry fees are \$7.00 per individual event and \$12.00 per relay. Entries must be received no later than **November 3, 2009**. **All entries should be submitted by email:** meetentries@pilotaquaticclub.com
Real Time results will be posted each day. Final Results and result files will be posted on www.pilotaquaticclub.com at the conclusion of the meet.

ENTRY TIMES: Enter with best **SHORT COURSE YARDS** times achieved in competition or time trial. Entry times should be in hundredths. **Conversions are not permitted.**

DISTANCE PROOF OF TIMES:
Entry times for all deck seeded events which may be limited (11-12 and 10 & U 200 IM, 400 IM, 500 Free, 1000 Free and the 1650 Free) must be submitted in actual time achieved and will be verified per the **USA Swimming National Times Database**.

ENTRY FEES:	Individual event	----	\$6.00
	Relays	----	\$10.00
	Facility Fee per swimmer	----	\$5.00
	SES Swimmer Surcharge	----	\$3.00
	Out of LSC Surcharge	----	\$5.00

Make checks payable to "**Pilot Aquatic Club**". Entry fees and the signed release form must accompany the meet entry forms/emailed entries. Entries submitted without payment are not considered confirmed and subject to rejection if the meet fills.

PARKING: Parking on the University Campus:
You may purchase \$5.00 passes at the heat sheet counter for the G-7 Garage directly across the street from the pool or park at your own risk on campus.

TIME TRIALS: Time Trials will be conducted at the discretion of the meet referee.
Time Trials fees: \$8.00 individual \$12.00 relay.

CHECK-IN: Relays and individual swimmers must check-in at the Clerk of Course for deck-seeded events as per the stipulation for that event as listed in the Order of Events. Swimmers are encouraged to check-in at the beginning of each day.

SCRATCHES: A swimmer may scratch a pre-seeded event on the blocks without penalty. Swimmers entered in an individual event 400 yards or longer, who have checked in for that event, must swim in the event unless they notify the Clerk of Course (before seeding for that event has been done) that they wish to scratch. **Failure to scratch prior to seeding and not swimming the event will result in the swimmer being barred from the next individual event in which they are entered, whether it is that day or the next day. Failure to scratch prior to seeding and not swimming any event on Sunday evening will result in the swimmer/team being fined \$25.00 per event.**

Any swimmer qualifying for a consolation final or final race in an individual event who fails to compete in said consolation final or final race shall be barred from further competition for the remainder of the meet except as noted below:

- 1) The Referee is notified in the event of illness or injury and accepts proof thereof.
- 2) A swimmer qualifying for a consolation final or final race based on the results of the preliminaries notifies the Referee of his/her intention not to compete within thirty minutes of the posted time for preliminary results.
- 3) It is determined by the Referee that failure to compete is caused by circumstances beyond control of the swimmer.

AWARDS: There will be individual awards for the top eight swimmers in each 12 & Under individual event and the top 3 relays in each 12 & Under relay event.

SCORING: The meet will not be scored individually or by team.

WARM-UP RULES:

Southeastern Swimming, Inc. safety guidelines and warm-up procedures will be in effect.

A. General Warm-up

1. NO DIVING OR RACING STARTS ALLOWED FROM BLOCKS OR EDGE OF POOL. Swimmers must enter feet first in a cautious manner.
2. No sprinting or pace work allowed during the general warm-up session.
3. All lanes to be used for general warm-up.

B. Specific warm-up (last 15 minutes)

1. OPEN/PACE
2. SPRINTS
3. GENERAL

(8 lanes)

Lanes 1 and 8
Lanes 2, 3, 6, 7
Lanes 4 and 5

(9 lanes)

Lanes 1 and 9
Lanes 2, 3, 7, 8
Lanes 4, 5, 6

MEET

EVALUATION: You are encouraged to send a meet evaluation to the Southeastern Swimming General Chairman:

John Woods
205 Island Avenue
Chattanooga, TN 37405
flipper@gps.edu

MAIL ENTRY FORMS TO:

Jackie Bertucci
9914 Cedar Croft Circle
Knoxville, TN 37932
865-207-7297
Email: meetentries@pilotaquaticclub.com

Signature requirement must be waived for all USPS, Fed-EX and UPS deliveries.

ENTRIES & FEES MUST BE RECEIVED NO LATER THAN NOVEMBER 3, 2009

2009 SE 26th ANNUAL PILOT INVITATIONAL

-- ORDER OF EVENTS --

FRIDAY, NOVEMBER 13, 2009

EVENING SESSION TIMED FINALS

Warm-up begins at 4:15 PM Competition begins at 5:30 PM
Continuous warm-up/warm-down will be available in the diving well.

WOMEN		EVENTS		MEN
1 *	11 & 12	200 IM	*	2
3 *	13 & Over	400 IM	*	4
5 *	11 & 12	500 FREE	*	6
7 *	13 & Over	500 FREE	*	8

- * ALL Friday Events will be deck seeded. Coaches **MUST** check in their swimmers by **4:30 PM** at the Clerk of Course. Swims fastest to slowest, # of heats may be limited. Enter with best SCY time from National Times Database. The fastest sixteen (16) 13 - 14 year olds of each sex will be guaranteed to swim.

SATURDAY, NOVEMBER 14, 2009

MORNING SESSION

Warm-up begins at 6:45 AM. Competition begins at 8:00 AM.
 Continuous warm-up/warm-down will be available in the diving well.

WOMEN		EVENTS		MEN
9 *	OPEN	400 MEDLEY RELAY		* 10
11 *	13 &14	400 MEDLEY RELAY		* 12
13	OPEN	200 BACK		14
15	13 &14	200 BACK		16
17	OPEN	100 FREE		18
19	13 &14	100 FREE		20
21	OPEN	200 IM		22
23	13 &14	200 IM		24
	13 & OVER	1650 FREE		** 26
27	OPEN	100 BREAST		28
29	13 &14	100 BREAST		30
31	OPEN	200 FLY		32
33	13 &14	200 FLY		34

THE ABOVE ORDER IS FOR FINALS.

- * Men's 13 & Over 1650 Free is deck seeded timed final, swimming fastest to slowest.
 Enter with best SCY time from National Times Database. Check in with the Clerk of Course by **9:00 AM**.
 The fastest heat (9 swimmers) will swim in the Finals session.
 All other heats swim in the morning after event # 34.
 The fastest twelve (12) 13 - 14 year olds will be guaranteed to swim.
- * * All relays are timed finals, deck seeded, swimming with FINALS.
 Relay cards due at the Clerk of Course at **5:30 PM**.

SATURDAY, NOVEMBER 14, 2009

AFTERNOON SESSION

Warm-up will begin immediately following the AM session
 Competition immediately following warm-up.
 Continuous warm-up/warm-down will be available in the diving well.

GIRLS		EVENTS		BOYS
35 *	11 &12	200 MEDLEY RELAY		*36
37 *	10 & UNDER	200 MEDLEY RELAY		*38
39	11 &12	100 BACK		40
41	9 & 10	100 BACK		42
43	11 &12	100 FREE		44
45	10 & UNDER	100 FREE		46
47	8 & UNDER	50 FREE		48
49	11 &12	100 FLY		50
51	9 & 10	100 FLY		52
53	11 &12	50 BREAST		54
55	10 & UNDER	50 BREAST		56
57	8 & UNDER	25 BREAST		58
59	11 &12	50 FREE		60
61	9 & 10	50 FREE		62
63	8 & UNDER	25 FREE		64
65 *	10 & UNDER	200 IM		*66

- * Completed relay cards should be taken to the blocks.
- * * This event will be deck seeded.
 Swimmers must check in at the Clerk of Course by the end of event #46

SATURDAY, NOVEMBER 14, 2009

FINALS SESSION

Warm-up begins at 5:00 PM. Competition begins at 6:00pm
 Continuous warm-up/warm-down will be available in the scoreboard end of the pool.

See Above for Order of Events

SUNDAY, NOVEMBER 15, 2009**MORNING SESSION**

Warm-up begins at 6:45 AM. Competition begins at 8:00 AM.
 Continuous warm-up/warm-down will be available in the diving well.

WOMEN		EVENTS	MEN
67 *	OPEN	400 FREE RELAY	* 68
69 *	13 & 14	400 FREE RELAY	* 70
71	OPEN	100 FLY	72
73	13 & 14	100 FLY	74
75	OPEN	200 FREE	76
77	13 & 14	200 FREE	78
79	OPEN	200 BREAST	80
81	13 & 14	200 BREAST	82
83 **	13 & OVER	1000 FREE	
85	OPEN	50 FREE	86
87	13 & 14	50 FREE	88
89	OPEN	100 BACK	90
91	13 & 14	100 BACK	92

THE ABOVE ORDER IS FOR FINALS.

* All relays are timed finals, deck seeded, swimming with FINALS. Relay cards due at the Clerk of Course at **4:30 PM**.

** Women's 13& Over 1000 Free is a deck seeded timed final, swimming fastest to slowest..
 Enter with best SCY time from National Times Database. Check in with the Clerk of Course by **9:00 AM**.
 Swimmers must declare a AM or PM preference. The fastest twelve 13 - 14 year olds will be guaranteed to swim.
 The fastest heat (9 swimmers) will swim in the Finals session.
 All other heats swim in the morning after event # 92.

SUNDAY, NOVEMBER 15, 2009**AFTERNOON SESSION**

Warm-up will begin immediately following the morning session
 Competition immediately following warm-up.
 Continuous warm-up/warm-down will be available in the diving well.

GIRLS		EVENTS	BOYS
93	11 & 12	200 FREE RELAY	94
95	10 & UNDER	200 FREE RELAY	96
97	11 & 12	100 IM	98
99	9 & 10	100 IM	100
101	8 & UNDER	100 IM	102
103	11 & 12	50 FLY	104
105	10 & UNDER	50 FLY	106
107	8 & UNDER	25 FLY	108
109	11 & 12	100 BREAST	110
111	9 & 10	100 BREAST	112
113	11 & 12	50 BACK	114
115	10 & UNDER	50 BACK	116
117	8 & UNDER	25 BACK	118
119 *	12 & Under	200 FREE	*120

* This event will be deck seeded, swum together, but awarded separately 10 & Under / 11&12.
 Swimmers must check in at the Clerk of Course by the end of event #102.

* Completed relay cards should be taken to the blocks.

SUNDAY, NOVEMBER 15, 2009**FINALS SESSION**

Warm-up begins at 4:00 PM. Competition begins at 5:00 PM.

Continuous warm-up/warm-down will be available in the diving well.

COACHES MAKE SURE SWIMMERS SCRATCH ALL EVENTS IF NOT COMING BACK SUNDAY FINALS

Failure to scratch prior to seeding and not swimming any event on Sunday evening will result in the swimmer/team being fined \$25.00 per event.

THE ABOVE ORDER IS FOR FINALS.

Hotels Sponsoring Pilot Aquatic Club Great Rates and Location!

DOWNTOWN:

Crowne Plaza Knoxville (Downtown) 401 Summit Hill Drive, Knoxville, TN 37902: Call hotel directly to reserve, 865-522-2600. Tell them you are coming for the "Pilot Aquatic Club Meet." Breakfast is NOT included but breakfast buffet is available for \$8.50 adult, \$4.50 for children under 12. November Meet: \$92.00 + tax.

Hampton Inn (Downtown), 618 West Main Street, Knoxville, TN 37902:
Rate includes free hot breakfast, free parking. Call hotel to reserve, 865-522-5400. Specify Pilot Aquatic Club Meet. 2 queen or King with sofa. November Meet: \$119.00+ tax.

Hilton (Downtown), 501 W. Church Street, Knoxville TN 37902: Room rate \$99.99 + tax for double room; may upgrade to King at \$109.99 + tax. Free parking is also available across the street at the Locust St. Garage after 6 pm Friday. Call 865-523-2300 to reserve. Specify "Pilot Aquatic Club Meet"
November Meet: 99.99 + tax, or 109.99 +tax, Cut off 11/6/09
January Meet: 99.99 + tax, or 109.99 +tax, Cut off 12/26/09

Holiday Inn Select (Downtown)- 525 Henley Street 865-522-2800 double or king, \$85 to \$95/night, b'fast is \$5.75 each, parking \$5.00. November Meet: \$79.00 + tax, cut off 10/30/09, request "Pilot Nov Meet Block"
January Meet:\$89.00 + tax, request "Pilot Jan. Meet Block"

Marriott Knoxville Hotel (Downtown), 500 Hill Ave. SE, Knoxville, TN 37915: Room rate \$95.00 + tax for double room. Breakfast is NOT included, but there is free parking. Call hotel directly 865-594-4336.

PAPERMILL EXIT:

Holiday Inn Knoxville Central @ Papermill, 1315 Kirby Rd., Knoxville TN 37909 (Papermill Rd exit off I-40):. Room rate \$85 + tax for double or king + sleeper sofa. Free Parking. For reservations, call 1-800-HOLIDAY or 865-584-3911 (hotel direct line). 72 hour cancellation notice required.

November Meet: \$85.00 + tax, Cut off 10/30/09, "Pilot Nov. Meet Block"

January Meet: \$85.00 + tax, Cut off 12/18/09, "Pilot Jan. Meet Block"

CEDAR BLUFF AREA:

Courtyard by Marriott (Cedar Bluff) - 216 Langley Place, Knoxville, 37922 - king + sleeper sofa, \$99/night, includes breakfast, to reserve, contact Stephanie Foster @ 865-539-4816

Hampton Inn (Cedar Bluff), 9128 Executive Park (Cedar Bluff exit off I-40). Room rate \$85.00 + tax, double queen, free parking, free Hampton Hot Breakfast (6 am - 10 am each morning). Call 865-693-1101 to reserve, specify "Pilot Aquatic Club November Meet Code PAC"

November Meet: \$94.00+tax, cutoff 10/30/09, January Meet: \$94.00 + tax, cut off 1/2/10

Hilton Garden Inn (Cedar Bluff)- 216 Peregrine Way (S. Cedar Bluff exit off I-40, rt. on N. Peters Rd to rt. on Peregrine) - 865-690-6511 - double - full hot b'fast (4 per room)

Residence Inn by Marriott (Cedar Bluff) - 215 Langley Place, Knoxville 37923 - studio (queen + sleeper sofa), \$99/night, includes breakfast, to reserve, contact Stephanie Foster @ 865-539-4816

TownPlace Suites by Marriott (Cedar Bluff) - 205 Langley Place, Knoxville, 37923 - studio (queen + sleeper sofa), \$99/night, (breakfast not available), to reserve, contact Stephanie Foster @ 865-539-4816

LOVELL ROAD/TURKEY CREEK SHOPPING:

Homewood Suites by Hilton (Lovell Rd/Turkey Creek) - 10935 Turkey Creek Drive, Knoxville, 37934 - studio (queen + sleeper sofa) w/full kitchen -
November Meet: \$109+tax

SpringHill Suites by Marriott (Lovell Rd/Turkey Creek) - 10955 Turkey Creek Drive, Knoxville, 37934 - King + sleeper sofa - \$99/night, microwave/mini fridge, includes hot breakfast buffet.
November Meet: \$109+tax

26th ANNUAL PILOT INVITATIONAL

WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:

(This form **MUST** accompany Meet Entry)

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I also acknowledge that I am familiar with the rules of USA Swimming and Southeastern Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my team's swimmers with those rules during this meet. The Pilot Aquatic Club and the University of Tennessee, Southeastern Swimming, Inc. and USA Swimming, their agents, officers, representatives, employees and coaches shall be free from any liability or claim for damages for any and all injuries, illnesses or damage to valuables which may be sustained at this meet or while in transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results or any other documents associated with the running of this meet.

Signature of coach or club official: _____

Club: _____ Date: _____

Please check one:

- Our team will arrive as individuals.
- Our team will be traveling by bus together.

Please check one or more if you or your team is staying at our sponsoring hotels:

- | | |
|--------------------------------------------------------------------|---------------------------------------------------------------------------------|
| <input type="checkbox"/> Crowne Plaza Knoxville (Downtown) | <input type="checkbox"/> Hilton Garden Inn (Cedar Bluff) |
| <input type="checkbox"/> Hampton Inn (Downtown) | <input type="checkbox"/> Residence Inn by Marriott (Cedar Bluff) |
| <input type="checkbox"/> Hilton (Downtown) | <input type="checkbox"/> TownPlace Suites by Marriott (Cedar Bluff) |
| <input type="checkbox"/> Holiday Inn Select (Downtown) | <input type="checkbox"/> Homewood Suites by Hilton (Lovell Rd/Turkey Creek) |
| <input type="checkbox"/> Marriott Knoxville Hotel (Downtown) | <input type="checkbox"/> SpringHill Suites by Marriott (Lovell Rd/Turkey Creek) |
| <input type="checkbox"/> Holiday Inn Knoxville Central @ Papermill | |
| <input type="checkbox"/> Courtyard by Marriott (Cedar Bluff) | |
| <input type="checkbox"/> Hampton Inn (Cedar Bluff) | |

TEAM INFORMATION

Team Name: _____ Code: _____

Email Address: _____ LSC: _____

Coach: _____

Team Address: _____

Team Phone #: _____

Team Contact for Entry issues: _____ Phone#: _____

SUMMARY OF FEES

NUMBER OF SWIMMERS:		Southeastern LSC SURCHARGE & Facility Fee X \$8.00 <i>(SES members-Team Manager file calculates out of lsc surcharge and facility fee on your entry fee report)</i>	
NUMBER OF SWIMMERS:		Out of SES LSC surcharge & Facility Fee X \$10.00	
NUMBER OF IND. EVENTS:		X \$6.00 PER EVENT ENTRY FEE =	
NUMBER OF RELAYS:		X \$10.00 PER RELAY ENTRY FEE =	
Total Due:			

INFORMATION FORM FOR DISABLED SWIMMERS

NAME _____

ADDRESS _____

AGE AND BIRTHDATE: (___) ___/___/___ PHONE (____) _____

EVENTS TO BE SWUM ___/___/___/___/___/___/___/___/___/___/___

TYPES OF DISABILITY:

Blind ____ Mentally Retarded _____ Deaf _____ Physical _____

Other _____

EXTENT OF DISABILITY: Be specific e.g. totally or partially blind, totally or partially deaf, loss of one of more limbs, multiple disabilities, etc.

The following person(s) will accompany the swimmer for any needed assistance:

Seizures? Yes ___ No ___ Are you on medication? Yes ___ No ___

Name of Medication and amount _____

PARENT'S OR GUARDIAN'S NAME _____

PARENT'S OR GUARDIAN'S SIGNATURE _____

ATHLETE'S SIGNATURE _____

PHYSICIAN'S NAME (Please Print) _____

PHYSICIAN'S ADDRESS _____

PHYSICIAN'S PHONE NUMBER (____) _____

I have examined the above Entrant and, in my opinion, there is no mental or physical reason why he or she should not participate in United States Swimming competitions.

Physician's Signature

___/___/___
Date