



SPEEDO CHAMPIONS SERIES  
Southern Zone Eastern Section Senior Championships  
July 16-19, 2009

*The meet will be conducted under the auspices of Southeastern Swimming, Inc. of USA Swimming, the rules of which will apply.*

**SANCTION:** Southeastern Swimming, Inc.  
Sanction #09SEPACK7-16  
Time Trial Sanction #09SEPACK7-16TT

**MEET COURSE:** Long Course Meters

**HOST CLUB:** PILOT AQUATIC CLUB-KNOXVILLE

**LOCATION:** Allan Jones Intercollegiate Aquatic Center  
University of Tennessee  
2200 Andy Holt Avenue  
Knoxville, Tennessee 37996

**FACILITIES:** One fifty meter pool (maximum of 8 lanes) with slanted starting blocks (28 inches above the water surface) will be used. The meet will run from both sides of the pool. The meet will utilize chase starts if numbers warrant. In the event that there are not enough entries to justify the use of chase starts Pilot Aquatic Club reserves the right to run starts from one end of the pool. Pool depth is 8 feet at ends, 9 feet in the center. Lanes are 9 feet wide formed by 6 inch Competitor lane markers. Warm-up/warm-down pool is located adjacent to the competition pool, with a minimum of two separate 25-yard warm-up/ warm-down lanes available. AJAC has seating for 1,284 spectators in the balcony overlooking the pool. Only coaches and athletes are permitted on the pool deck, locker rooms are adjacent to the pool.

**TIMING:** Daktronic electronic timing system with Hy-Tek interface and eight-lane display.

**HEAD OFFICIALS:** Meet Referee: Clark Hammond, [hamm5690@bellsouth.net](mailto:hamm5690@bellsouth.net)  
Meet Director: Jackie Bussard-Bertucci, 865-207-7297

**MEET SCHEDULE:** Thursday, Friday, Saturday, Sunday  
Preliminaries 9:00 AM  
Finals 5:30 PM

**WARM-UP SCHEDULE:** Wednesday, July 15 4:00 PM-8:00 PM  
Thursday-Sunday, July 16 - 19 7:00 AM- 8:50 AM &  
4:00 PM - 5:20 PM

**GENERAL MEETING:** All swimmers must be represented at the General Meeting to be held **Wednesday July 15, 6:00 PM** in hospitality room on deck. Any change in the format of the meet will be decided at this meeting. It is each swimmer and coach's responsibility to be aware of any changes made during this meeting. **The pool will be open for general warm ups Wednesday evening from 4:00PM- to 8:00PM**

**CREDENTIAL TAGS:** Credential tags must be picked up at the coaches meeting. **Replacement credential tags will be \$15.00. Swimmers may enter the deck from spectator area.** Credential tags must be presented to enter the pool deck area. All meet personnel and USA Swimming registered coaches, officials and participating swimmers will be issued credential tags. Coaches and officials will be required to show their current USA Swimming registration card at the credentials check in area. Coaches attending the meet without a team may purchase credential tags for \$20.00 payable to Pilot Aquatic Club. Credential tags for media personnel must be arranged for at least one week in advance with the meet director.



**ELIGIBILITY:** Open to members of the Eastern Section of the Southern Zone, its clubs and swimmers registered with USA Swimming that are in good standing with the Eastern Section, and USA National Team Members. All USA Swimming registered clubs in the following LSC's are eligible to join the Eastern Section: Georgia, Kentucky, Mississippi, North Carolina, South Carolina, Southeastern and West Virginia.

Swimmers and clubs from outside these LSC boundaries are eligible to participate in the Summer Championship meet provided they meet Junior National qualifying times (proof of time by SWIMS) and become registered club members of the Eastern Section.

**CREDENTIALS:** In accordance with Southeastern Swimming Rules, coaches and officials are required display proof of current USA Swimming membership to be permitted on the pool deck. All coaches must have completed the safety training as required by USA Swimming. **Note: Coaches please remember to bring credentials to show at entrances and exits through out the building.** Only meet volunteers, USA Swimming registered athletes, coaches and officials may be on deck. **NO SPECTATORS ARE ALLOWED ON THE POOL DECK AT ANY TIME**

**RULES:** The current USA Swimming Rules will govern the conduct of the meet unless noted otherwise herein. Athlete registration will be confirmed using the SWIMS registration database. A swimmer not previously entered wishing to late enter the meet via deck entry must present proof of USA Swimming membership.

**TIME STANDARDS:** All swimmers must have met the 2008-2009 Summer Sectional time standard in either short course or long course in EACH event entered. **Swimmers qualifying with a short course qualifying time should be ENTERED WITH AND BE SEEDED at the long course qualifying time standard.** Times for all events must have been achieved by the due date of the entry. Times are only good from January 5, 2008 (Eighteen months prior to entry deadline), forward. Any times achieved prior to that cannot count toward qualifying or for proofs. (See 'Proof of Time' below.)

**PROOF OF TIME:** Swimmers who do not equal or better the applicable Southern Zone Eastern Sectional time standards in any event at the championship meet must be able to prove that they have previously achieved the qualifying time. Swimmers unable to provide proof-of-time will be assessed a \$25 fine for each event they cannot prove. The deadline to prove times and seek US National Reimbursement funds is November 1st, 2009. After November 1st, fines are doubled to \$50 per occurrence regardless of provability. The only acceptable proof-of-time will be official meet results or times from the SWIMS database, from a USA Swimming sanctioned or approved competition. In the event a swimmer does not pay this fine, neither the swimmer nor the swimmer's team will be eligible to enter future Southern Zone Eastern Section Championships until such time as the fine is paid. Come prepared to pay outstanding fines before your team can participate in the meet. Fines will be deposited with no further need of proofs from those previous meets. All fines collected go to the Southern Zone Eastern Section Travel Fund.



**MEET  
FORMAT:**

All events except the 800 and 1500 Freestyles will be conducted on a Preliminaries and Finals basis.

**All relays and individual events 400 yards or longer will be deck seeded. Swimmers must check in for these events at the Clerk of Course by 8:15 AM on the day that they will be swum except for the 1500 Free. Check-in for the 1500 Free will be on Saturday, the day before the 1500 is to be swum, by 11:00 AM, and swimmers are to declare an AM or PM option at that time. The seeding for the 1500 will be available during Saturday Finals so that 1500 swimmers will know when they will swim the 1500 on Sunday.**

All events **200 yards** or shorter will be pre-seeded. It is not necessary to check in for these events, although scratches will be appreciated.

Eight swimmers each will qualify for a Championship, Consolation and Bonus heat in each event in the finals (except for relays, 800 and 1500 Free). Note: see "Scratch Rule".

**ALL Sunday evening finals will be conducted on a positive check-in basis. Any swimmer making the Bonus, Consolation or Championship heat on Sunday, July 19th, will have 30 minutes to positive check-in after the preliminary results are announced or the swimmer will be scratched from the Finals. The top fifty swimmers are asked to check in or scratch.**

The seeding for the preliminary heats of the **400 IM** will be swum in the following order the four fastest women's heats then the four fastest men's heats swum slowest to fastest (the fastest three will be circle seeded), then the remainder of the heats will be swum fastest to slowest, alternating Women-Men.

The **400 Free** will be deck seeded with all preliminary heats to be swum slowest to fastest, all women's heats then all men's heats.

The fastest seeded heat of the Women's and Men's **800 free** will be swum in numerical order (as event number 1 & 2) in the Finals session on Thursday, July 16th, and all other heats will be conducted during Thursday's prelims beginning ten minutes after event 8, the Men's 200 Fly (last in Prelims), in the following order: three fastest remaining heats of Women swum slowest to fastest; three fastest remaining heats of Men swum slowest to fastest; all remaining heats swum fastest to slowest alternating Women-Men.

The **1500 Free** will be conducted as a timed final event on Sunday beginning ten minutes after the completion of the Prelims, except for the top 8 seeded men and women who have declared the PM Option, who will swim in event number order during the finals session Sunday evening. All other **1500 Free** heats will be conducted after Prelims and will be swum fastest to slowest, alternating Women-Men.

Swimmers entered in the **800 and 1500 Freestyles** must provide a person to count laps and may be asked to provide a person to time.

The **400 Free Relays** on Friday will be swum in prelims except for the fastest two heats of Men and Women, which will be swum in the Finals session.

The **800 Free Relay** will be swum in the Prelims except for the fastest heat of Men and Women which will be swum in the Finals session.

On Sunday, the **400 Medley Relays** may opt to swim during the AM (Prelims) or PM (Finals) session. Teams must declare the AM/PM option with the Clerk of Course by 8:15 AM, Sunday.



**SCRATCH RULE:** Any swimmer not planning to swim at night in the finals must scratch with the Admin Referee through the Clerk of Course within 30 minutes after the results are posted for each affected event. The penalty for failure to show in a Final, Consolation or Bonus final is disqualification from the remainder of the meet (USA Swimming Rule 207.12.6D). The penalty for missing a deck-seeded individual event will result in being barred from the swimmer's next individual event. There is no penalty for not swimming in the non deck-seeded preliminary events or relay events.

**TIME TRIALS:** Time trials to meet national qualifying times may be held upon reasonable request at the discretion of the Meet Referee. Such swims must fall within the 3 events per day limit and will be held, if time allows, after the prelims and finals. Entry fees for the time trial swims will be \$10.00 per individual event and \$10.00 per relay. Swimmers/relays must sign up for time trials at the Clerk of Course table by 10:30 AM. The time trial order of events will be as follows:

(Thursday's events are designated as "A", Friday as "B", Saturday as "C", Sunday as "D")  
Thursday – event schedule "A", "B", "C", "D"  
Friday – event schedule "B", "C", "D", "A"  
Saturday – event schedule "C", "D", "A", "B"  
Sunday – "D", "A", "B", "C"

**ENTRY LIMIT:** Swimmers may swim three (3) individual events per day, excluding relays. A swimmer may enter any number of events, but may only swim three individual events per day. Swimmers participating on relay teams only must be listed on the entry forms. **Each team is limited to a maximum of two relays in each relay event.**

**ENTRY FEES:**

Individual Events	\$6.00 per event
Relay Events	\$10.00 per event
Southern Zone Eastern Surcharge	\$15.00 per swimmer
Southeastern Swimming Inc. Surcharge	\$3.00 per swimmer in LSC \$5.00 per swimmer outside the LSC

**ENTRY PROCEDURE:** **Entries due on Friday, July 10, 2009** Teams should use HY-TEK's Manager and should submit their entries via e-mail (please send in COMMLink file format or WIN-MM format). If you do not have the Team Manager program to make a Hy-Tek entry, but would like to make an electronic entry, you can download a copy of Team Manager II Lite at no charge from the Hy-Tek website: [www.hy-tek.com](http://www.hy-tek.com). Please provide a written copy of entries with best meters times and USA-Swimming registration number for verification purposes. Results Files will be available at the end of the meet on our website, [www.pilotaquaticclub.com](http://www.pilotaquaticclub.com).  
**\*\*Teams are encouraged to submit their entries as soon as possible.**

Entered teams will be able to update their entry until 6:00 p.m. Monday, July 13, 2009. Entry printouts, summary/release sheets and entry fees including surcharges **MUST** be received by the Entries Chairman **on or before July 13, 2009**.

Late Entries/Deck entries will be accepted for available lanes only until 9:00 a.m. on Thursday, July 16. No new heats will be formed. **All entry fees are non-refundable.**

Completed entries should be mailed to:

Jackie Bertucci  
9914 Cedar Croft Circle  
Knoxville, TN 37932

Email: [meetentries@pilotaquaticclub.com](mailto:meetentries@pilotaquaticclub.com)  
865-207-7297

(waive signature for all USPS, Fed-EX and UPS deliveries)



**ENTRY TIMES:** Enter with best **LONG COURSE METERS TIMES** achieved in competition or time trial. Entry times should be in hundredths. Conversions are not permitted. All individual entry times submitted must be in USA Swimming SWIMS database and will be reconciled with SWIMS. If swimmers has achieved the time standard in short course yards or short course meters you may enter those events at the at the Long Course Meters time standard.

Make checks payable to "Pilot Aquatic Club". Entry printouts, summary/release sheets and entry fees including surcharges **MUST** be received by the Entries Chairman **on or before Monday, July 13, 2009**. Entries submitted without payment are not considered confirmed and subject to rejection if the meet fills.

**SCORING:** Individual Events: 24-21-20-19-18-17-16-15-14-13-11-9-8-7-6-5-4-3-2-1. Relay Events: 48-42-40-38-36-34-32-30-28-26-22-18-16-14-12-10-8-6-4-2.  
Swimmers competing in the finals or consolation finals must **achieve the Southern Zone Eastern Sectional time standard to score team or individual points**. No team points will be scored for the bonus heat.

**READY ROOM:** **Ready Room will be located at the diving well near hot/cold tubs.**  
The top eight qualifiers for finals should report to the ready room to be marched to the blocks prior to their event.

**AWARDS:** Plaques will be awarded to the top 6 combined teams. Medals will be awarded to the top 8 individual finishers and top 3 relays. Immediately following the race, the top three places will be announced and given out at a designated place.

**ELIGIBILITY AND TECHNICAL JURY:**  
A meet committee will be formed consisting of two coaches and two swimmers selected at random, plus the Meet Referee, the Meet Director and Southern Zone Eastern Chairman or their designee.

**MEET OFFICIALS:** Meet Referees: Clark Hammond, [hamm5690@bellsouth.net](mailto:hamm5690@bellsouth.net). Pilot Aquatic Club welcomes and encourages the assistance of certified officials from visiting teams. Officials who have not applied to officiate should contact the meet referees.

**MANAGEMENT:** Meet Manager: Jackie Bussard-Bertucci 865-207-7297, [meetentries@pilotaquaticclub.com](mailto:meetentries@pilotaquaticclub.com)

**NATL OFFICIALS CERTIFICATION:** This meet has been designated a qualifying meet for national official certification (OQM). Official requesting N2/N3 evaluation at this meet are requested to complete the USAS application for evaluation and forward it to the meet referee, Clark Hammond, [hamm5690@bellsouth.net](mailto:hamm5690@bellsouth.net), as soon as practical so we can arrange for evaluators. Evaluation applications will be accepted on site, on a case-by-case basis, depending on our capacity to provide appropriate evaluations. Briefing sessions will be held one hour prior to the beginning of prelims and finals each day.

**LIABILITY RELEASE:** USA Swimming, Inc., Southeastern Swimming, Inc., Pilot Aquatic Club-Knoxville, and University of Tennessee, shall be free from any liabilities or claims for damages arising by reason of injury to anyone during the conduct of the meet.

**HOSPITALITY:** There will be a hospitality room for all coaches, officials and volunteers.

**CONCESSIONS:** Refreshments will be made available by the University of Tennessee Sodexo concessions company.

**PARKING ON CAMPUS:** Parking is \$5.00 to park on campus. You may park adjacent to the pool in the parking garage. You may not park in UT staff areas or the lot in the back of the pool facility. Parking passes will be sold at ticket window.



**WARM-UP**

**RULES:**

Southeastern Swimming, Inc. safety guidelines and warm-up procedures will be in effect.

A. General Warm-up

1. NO DIVING OR RACING STARTS ALLOWED FROM BLOCKS OR EDGE OF POOL. Swimmers must enter feet first in a cautious manner.
2. No sprinting or pace work allowed during the general warm-up session.
3. All lanes to be used for general warm-up.

B. Specific warm-up (Last 15 minutes)

1. OPEN/PACE Lanes 1 and 8
2. SPRINTS Lanes 2, 3, 6, 7
3. GENERAL Lanes 4 and 5

**MEET**

**EVALUATION:** You are encouraged to send a meet evaluation to the Southeastern Swimming General Chairman:

John Woods  
205 Island Avenue  
Chattanooga, TN 37405  
[flipper@gps.edu](mailto:flipper@gps.edu)

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**MAIL ENTRIES TO ENTRY CHAIRMAN:**

Jackie Bertucci  
9914 Cedar Croft Circle  
Knoxville, TN 37932  
Email: [meetentries@pilotaquaticclub.com](mailto:meetentries@pilotaquaticclub.com)

Phone: 865-207-7297 (cell)

**REMINDER: ENTRIES ARE TO BE IN LONG COURSE METERS!!**

**ENTRIES MUST BE RECEIVED NO LATER THAN Friday, July 10, 2009  
NO FAX OR PHONE ENTRIES WILL BE ACCEPTED**

**Signature requirement must be waived** for all USPS, Fed-EX and UPS deliveries



## Southern Zone Eastern Section Senior Championships Order of Events

**Women**

**Thursday, July 16, 2009**

**Men**

	<b>LCM</b>	<b>SCY</b>		<b>Event</b>		<b>LCM</b>	<b>SCY</b>	<b>Event #</b>
<b>1</b>	9:33.49	10:42.79		<b>800 Freestyle</b>		8:59.39	10:05.89	<b>2</b>
<b>3</b>	2:31.29	2:12.09		<b>200 Individual Medley</b>		2:18.39	1:59.29	<b>4</b>
<b>5</b>	28.49	25.19		<b>50 Freestyle</b>		25.79	22.19	<b>6</b>
<b>7</b>	2:27.59	2:12.39		<b>200 Butterfly</b>		2:15.09	1:59.59	<b>9</b>

\*800 will be swum after event 8 in prelims With fastest heat of women & men swum first in finals

**Women**

**Friday, July 17, 2009**

**Men**

<b>Event #</b>	<b>LCM</b>	<b>SCY</b>		<b>Event</b>		<b>LCM</b>	<b>SCY</b>	<b>Event #</b>
<b>9</b>	2:12.39	1:56.49		<b>200 Freestyle</b>		2:01.69	1:46.79	<b>10</b>
<b>11</b>	1:10.29	1:00.99		<b>100 Backstroke</b>		1:03.39	54.49	<b>12</b>
<b>13</b>	5:18.39	4:40.89		<b>400 Individual Medley</b>		4:54.79	4:15.49	<b>14</b>
<b>15</b>	--	--		<b>400 Freestyle Relay</b>		--	--	<b>16</b>

**Women**

**Saturday, July 18, 2009**

**Men**

<b>Event #</b>	<b>LCM</b>	<b>SCY</b>		<b>Event</b>		<b>LCM</b>	<b>SCY</b>	<b>Event #</b>
<b>17</b>	4:37.69	5:09.59		<b>400 Freestyle</b>		4:19.89	4:48.59	<b>18</b>
<b>19</b>	1:18.79	1:00.39		<b>100 Butterfly</b>		1:00.69	53.59	<b>20</b>
<b>21</b>	1:18.79	1:09.09		<b>100 Breaststroke</b>		1:10.79	1:01.39	<b>22</b>
<b>23</b>	--	--		<b>800 Freestyle Relay</b>		--	--	<b>24</b>

**Women**

**Sunday, July 19, 2009**

**Men**

<b>Event #</b>	<b>LCM</b>	<b>SCY</b>		<b>Event</b>		<b>LCM</b>	<b>SCY</b>	<b>Event #</b>
<b>25</b>	1:01.49	54.19		<b>100 Freestyle</b>		56.69	48.79	<b>26</b>
<b>27</b>	18:17.69	17:56.69		<b>*1500 Freestyle</b>				
				<b>200 Breaststroke</b>		2:34.19	2:13.59	<b>28</b>
<b>29</b>	2:49.89	2:29.39		<b>200 Breaststroke</b>				
				<b>*1500 Freestyle</b>		17:13.49	16:49.79	<b>30</b>
<b>31</b>	2:30.39	2:11.49		<b>200 Backstroke</b>		2:17.39	1:58.59	<b>32</b>
<b>33</b>	--	--		<b>400 Medley Relay</b>		--	--	<b>34</b>

**Note: Fastest heat of Women's and men's 1500 will be swum in finals in numerical order, all other heats in prelims after 400 Medley Relay.**

\*Sunday Prelim Events order will be Women-Men 100 Free, 200 Breast, 200 Back, 400 Med. Relay, 1500 Heats not in Finals.

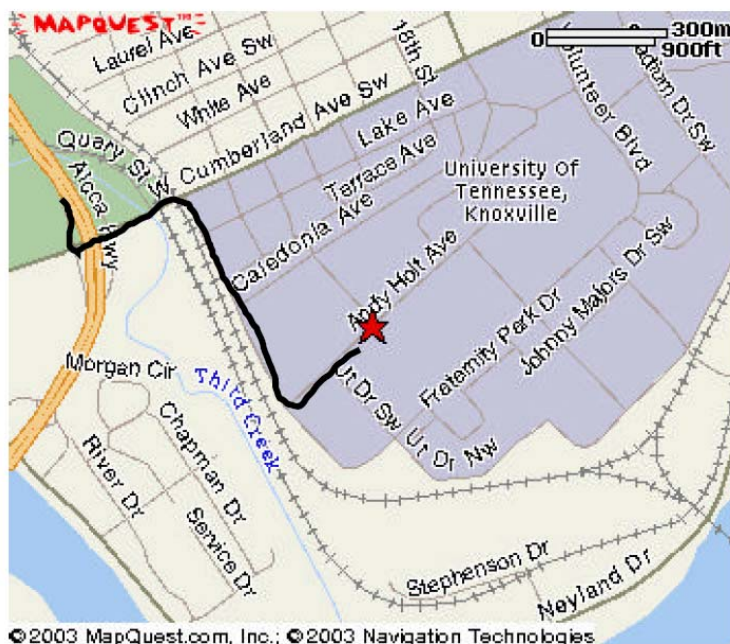
# Allan Jones Intercollegiate Aquatic Center

2200 Andy Holt Ave. , Knoxville TN 37996



## From I-40 East or I-40 West:

- Take Alcoa Hwy/129 Exit
- Take first Exit to Kingston Pk/Cumberland Ave
- Turn Left onto Cumberland Ave
- Go approximately 1/4 mile, Under Railroad Bridge
- Take first right after bridge, Volunteer Blvd.
- At the first traffic light, make a left turn onto Andy Holt Blvd.
- Alan Jones Intercollegiate Aquatic Center will be directly on the right.



## Hotels Sponsoring Pilot Aquatic Club: Great Rates and Location!

**DOWNTOWN:** Crowne Plaza Knoxville (Downtown) 401 Summit Hill Drive, Knoxville, TN 37902: Call hotel directly to reserve, 865-522-2600.

Hampton Inn (Downtown), 618 West Main Street, Knoxville, TN 37902:  
Rate includes full hot breakfast, free parking. Call hotel to reserve, 865-522-5400. Specify Pilot Aquatic Club Meet  
Summer Sectionals: \$119.00 + tax cutoff: 6/25/09 CODE

Hilton (Downtown), 501 W. Church Street, Knoxville TN 37902: Room rate \$99.99 + tax for double room; may upgrade to King at \$109.99 + tax. Free parking is also available across the street at the Locust St. Garage after 6 pm Friday. Call 865-523-2300 to reserve. Specify "Pilot Aquatic Club Meet"  
Summer Sectionals: \$99.99 + tax CODE: PS7

Holiday Inn Select (Downtown)- 525 Henley Street 895-522-2800

Marriott Knoxville Hotel (Downtown), 500 Hill Ave. SE, Knoxville, TN 37915: Room rate \$95.00 + tax for double room. Breakfast is NOT included, but there is free parking. Call hotel directly 865-594-4336.  
Summer Sectionals: \$95.00 + tax cutoff 6/16/09 "Senior Sectional"

**PAPERMILL EXIT:** Holiday Inn Knoxville Central @ Papermill, 1315 Kirby Rd., Knoxville TN 37909 (Papermill Rd exit off I-40):. Room rate \$87 + tax for double or king + sleeper sofa. Free Parking. For reservations, call 1-800-HOLIDAY or 865-584-3911 (hotel direct line). 72 hour cancellation notice required.  
Summer Sectionals: \$99.99 + tax cutoff 6/25/09 "Pilot Aquatics Senior Sectionals"

**CEDAR BLUFF AREA:** Courtyard by Marriott (Cedar Bluff) - 216 Langley Place, Knoxville, 37922 - king + sleeper sofa, \$89/night, includes breakfast, to reserve, contact Stephanie Foster @ 865-539-4816  
Summer Sectionals: \$99.99-to reserve, contact Stephanie Foster @ 865-539-4816

Hampton Inn (Cedar Bluff), 9128 Executive Park (Cedar Bluff exit off I-40). Room rate \$99.00 + tax, double queen, free parking, free Hampton Hot Breakfast (6 am - 10 am each morning). Call 865-693-1101 to reserve, specify "Pilot Aquatic Club November Meet Code PAC"  
Summer Sectionals: \$99.99 + tax cutoff 7/2/09 CODE: "AQC"

Hilton Garden Inn (Cedar Bluff)- 216 Peregrine Way (S. Cedar Bluff exit off I-40, rt. on N. Peters Rd to rt. on Peregrine) - 865-690-6511

Residence Inn by Marriott (Cedar Bluff) - 215 Langley Place, Knoxville 37923 - studio (queen + sleeper sofa), \$89/night, includes breakfast, to reserve, contact Stephanie Foster @ 865-539-4816  
Summer Sectionals: \$99.99-to reserve, contact Stephanie Foster @ 865-539-4816

TownPlace Suites by Marriott (Cedar Bluff) - 205 Langley Place, Knoxville, 37923 - studio (queen + sleeper sofa), \$79/night, (breakfast not available), to reserve, contact Stephanie Foster @ 865-539-4816  
Summer Sectionals: \$99.99-to reserve, contact Stephanie Foster @ 865-539-4816

**LOVELL ROAD/TURKEY CREEK SHOPPING:** Homewood Suites by Hilton (Lovell Rd/Turkey Creek) - 10935 Turkey Creek Drive, Knoxville, 37934 - studio (queen + sleeper sofa) w/full kitchen - \$99/night, includes breakfast To reserve, contact Stephanie Foster @ 865-539-4816  
Summer Sectionals: \$99.99-to reserve, contact Stephanie Foster @ 865-539-4816

SpringHill Suites by Marriott (Lovell Rd/Turkey Creek) - 10955 Turkey Creek Drive, Knoxville, 37934 - King + sleeper sofa - \$99/night, microwave/mini fridge, includes hot breakfast buffet.  
Summer Sectionals: \$99.99-to reserve, contact Stephanie Foster @ 865-539-4816



**Southern Zone Eastern Section Senior Championships**  
**TEAM INFORMATION FORM** (This form **MUST** accompany fees)

<b>CLUB NAME:</b>		<b>INITIALS:</b>	
<b>ADDRESS:</b>			
<b>LSC:</b>		<b>HEAD COACH:</b>	
<b>CONTACT PERSON:</b>		<b>PHONE NUMBER:</b>	
<b>FAX NUMBER:</b>		<b>CELL PHONE:</b>	<b>EMAIL:</b>
<b>COACHES ATTENDING:</b>		1.	
		2.	
		3.	
<b>NUMBER OF SWIMMERS ENTERED:</b>		<b>ATTACHED:</b>	
		<b>UNATTACHED:</b>	
		<b>TOTAL:</b>	

**SUMMARY OF FEES**

<b>NUMBER OF SWIMMERS:</b>		Southeastern LSC SURCHARGE X \$3.00 or  Out of LSC surcharge X \$5.00	
<b>NUMBER OF IND. EVENTS:</b>		X \$6.00 PER EVENT ENTRY FEE =	
<b>NUMBER OF RELAYS:</b>		X \$10.00 PER RELAY ENTRY FEE =	
<b>ESSZ Surcharge:</b>		X \$15.00 PER ATHLETE	
<b>TOTAL DUE:</b>			

**Please check one:**

- Our team will arrive as individuals.
- Our team will be traveling by bus together.

**Please check one or more if you or your team is staying at our sponsoring hotels:**

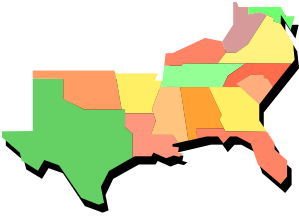
- |   |   |
|---|---|
| <ul style="list-style-type: none"> <li><input type="checkbox"/> Crowne Plaza Knoxville (Downtown)</li> <li><input type="checkbox"/> Hampton Inn (Downtown)</li> <li><input type="checkbox"/> Hilton (Downtown)</li> <li><input type="checkbox"/> Holiday Inn Select (Downtown)</li> <li><input type="checkbox"/> Marriott Knoxville Hotel (Downtown)</li> <li><input type="checkbox"/> Holiday Inn Knoxville Central @ Papermill</li> </ul> | <ul style="list-style-type: none"> <li><input type="checkbox"/> Courtyard by Marriott (Cedar Bluff)</li> <li><input type="checkbox"/> Hampton Inn (Cedar Bluff)</li> <li><input type="checkbox"/> Hilton Garden Inn (Cedar Bluff)</li> <li><input type="checkbox"/> Residence Inn by Marriott (Cedar Bluff)</li> <li><input type="checkbox"/> TownPlace Suites by Marriott (Cedar Bluff)</li> <li><input type="checkbox"/> Homewood Suites by Hilton (Lovell Rd/Turkey Creek)</li> <li><input type="checkbox"/> SpringHill Suites by Marriott (Lovell Rd/Turkey Creek)</li> </ul> |
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**WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:**

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I also acknowledge that I am familiar with the rules of USA Swimming and Southeastern Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my team's swimmers with those rules during this meet. The Pilot Aquatic Club and the University of Tennessee, Southeastern Swimming, Inc. and USA Swimming, their agents, officers, representatives, employees and coaches shall be free from any liability or claim for damages for any and all injuries, illnesses or damage to valuables which may be sustained at this meet or while in transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results or any other documents associated with the running of this meet.

<b>SIGNATURE OF COACH OR CLUB OFFICIAL:</b>	
<b>CLUB:</b>	
<b>TITLE:</b>	<b>DATE:</b>





# Eastern Section of the Southern Zone 2009 Membership Application

Membership to the ESSZ is for a calendar year. The cost of a membership is \$25 per USA Swimming member club in the LSC's of North Carolina, South Carolina, Georgia, Kentucky, West Virginia, Southeastern, and Mississippi. Club memberships must be paid by December 31 of a calendar year to be considered on time. **Memberships mailed after this date are available at \$45 per club.** Membership in the ESSZ will entitle clubs to:

- ◆ Participation in the 2009 Short Course Senior Sectional Championship Meet (Cary, NC)
- ◆ Participation in the 2009 Short Course AG Sectional Championship Meet (Charlotte, NC)
- ◆ Participation in the 2009 Long Course Senior Sectional Championship Meet (Knoxville, TN)
- ◆ Receipt of By-Laws and Minutes from ESSZ Meetings
- ◆ Travel Supplement (\$100) for ESSZ athletes attending Nationals who also attend the ESSZ meet prior to Nationals
- ◆ Communications from the ESSZ officers including membership roster

ESSZ information is in the process of being set-up in a new website location. The new Chairman of the Eastern Section of the Southern Zone is **Jeff Rout** who can be reached at **gasswim@wctel.net**.

If you wish to register your club with the ESSZ for the 2009 calendar year, please print and submit the following information with a \$25 **check payable to "NCS-Regional Account"** to:

**ESSZ Membership**  
**c/o Jonathan Watson, Treasurer**  
**6766 Chauncey Drive**  
**Raleigh, NC 27615**

**\*\*PLEASE PRINT NEATLY\*\***

CLUB NAME	HEAD COACH NAME (first, last)
CLUB CODE (LSC code given)	HEAD COACH E-MAIL (PLEASE PRINT NEATLY) 1- 2- 3-
LSC (circle one) NC SC GA SE KY WV MS Other: _____	HEAD COACH HOME PHONE (    )    -
CLUB MAILING ADDRESS (for meet info)  Street	HEAD COACH WORK PHONE (    )    -
City/State/Zip	CLUB PHONE (if different than above) (    )    -