

**2009 SE TWENTY-FIRST ANNUAL VOLUNTEER
INVITATIONAL SWIM MEET
MAY 1-3, 2009**

The meet will be conducted under the auspices of Southeastern Swimming, Inc. of USA Swimming, the rules of which will apply.

SANCTION: Southeastern Swimming, Inc.
Sanction #09SEPACK5-1 Time Trial Sanction #09SEPACK5-1TT

MEET COURSE: Long Course Meters

HOST CLUB: PILOT AQUATIC CLUB-KNOXVILLE

LOCATION: Allan Jones Intercollegiate Aquatic Center
University of Tennessee
2200 Andy Holt Avenue
Knoxville, Tennessee 37996

FACILITIES: One fifty meter pool (maximum of 8 lanes) with slanted starting blocks (28 inches above the water surface) will be used. The meet will run from both sides of the pool. The meet will utilize chase starts. In the event that there are not enough entries to justify the use of chase starts Pilot Aquatic Club reserves the right to run starts from one end of the pool. Pool depth is 8 feet at ends, 9 feet in the center. Lanes are 9 feet wide formed by 6 inch Competitor lane markers. Warm-up/warm-down pool is located adjacent to the competition pool, with a minimum of two separate 25-yard warm-up/ warm-down lanes available. AJAC has seating for 1,284 spectators in the balcony overlooking the pool. Only coaches and athletes are permitted on the pool deck, locker rooms are adjacent to the pool.

TIMING: Daktronic electronic timing system with Hy-Tek interface and eight-lane display.

HEAD OFFICIALS: Meet Referee: Richard Goodman
Meet Directors: Mark Vaughan & Jackie Bertucci

OFFICIALS: Visiting officials are welcome. All officials must wear current USA membership card while on deck and must present current Officials certification card to Meet Referee at check-in. Please submit the online application, available on the meet info page at www.pilotaquaticclub.com with level of certification and sessions you desire to work. The SES dress code of white polo shirts and khaki bottoms will be worn for all sessions.

RULES: USA Swimming Rules and Regulations will govern the conduct of this meet and will serve as the official guide for technical and procedural rules, except where otherwise noted. It is the swimmers' and coaches' responsibility to acquaint themselves with the meet information. Coaches are responsible for their team's swimmers throughout the meet, including warm-ups and warm-downs.

CREDENTIALS: In accordance with Southeastern Swimming Rules, coaches and officials are required to display proof of current USA Swimming membership to be permitted on the pool deck. All coaches must have completed the safety training as required by USA Swimming.
Note: Coaches please remember to bring credentials to show at entrances and exits through out the building.

SCHEDULE:

| | |
|-----------------------------------|--|
| Evening Session: | Friday, May 1, 2009 |
| Warm-up: | 3:45 PM - 5:20 PM (general warm-up format) |
| Meet Starts: | 5:30 PM |
| Morning Sessions: 12 & Unders | Saturday & Sunday, May 2 & 3, 2009 |
| Warm-up: | 6:50 AM – 7:50 AM (2 x 30 minute sessions) |
| Meet Starts: | 8:00 AM |
| Afternoon Sessions: 13 & Overs | Saturday & Sunday, May 2 & 3, 2009 |
| Warm-up: | Conclusion of the AM Session (general warm-up format) |
| Meet Starts: | NOT BEFORE 11:00 am |

MEET FORMAT: Timed finals meet with 106 age group and open events as set forth on the "Order of Events" (attached). Competition is open.

SEEDING: All events 200 meters or shorter will be pre-seeded. **Individual events 400 meters or longer will be deck-seeded.**
The **13 & OVER 400-meter IM** and **800-meter Freestyle** will be seeded and swum together, **fastest to slowest, alternating women then men** and scored separately. In addition, these events **may be limited**.
The **11 & 12 400-meter Freestyle** will be swum **fastest to slowest, alternating women then men** and **may be limited**.
The **13 & OVER 400-meter Freestyle** will be seeded and swum together, **fastest to slowest, alternating women then men** and scored separately, these events **may be limited**.
The **13 & OVER 1500 meter Freestyle** will be seeded and swum together, **fastest to slowest, alternating women then men** and **may be limited** to the 2 fastest heats of women and 2 fastest heats of men.
Note: All limitations, if any, will be made available online (www.pilotaquaticclub.com) on by or before Thursday April 30, 2009,

ENTRIES: Each swimmer may enter up to **four individual events per day** exclusive of relays. The swimmer's age on the first day of the meet will determine the age for the entire meet. Teams should use HY-TEK's Meet/Team Manager and should submit their entries via e-mail (please send in COMMLink file format or WIN-MM format). Please provide a written copy of entries with best meters times and USA-Swimming registration number for verification purposes. Results Files will be available at the end of the meet on our website, www.pilotaquaticclub.com.
****Teams are encouraged to submit their entries as soon as possible since this meet usually fills to capacity.**

ENTRY : **Entries due on Sunday, April 19, 2009**
Entered teams will be able to update their entry until 6:00 p.m. Tuesday, April 21, 2009. Entry printouts, summary/release sheets and entry fees including surcharges **MUST** be received by the Entries Chairman **on or before Saturday, April 25, 2009**.
Late Entries/Deck entries will be accepted for available lanes only until 9:00 a.m. on Saturday, May 2, 2009. No new heats will be formed. **All entry fees are non-refundable.**

Completed entries should be mailed to: Jackie Bertucci
9914 Cedar Croft Circle
Knoxville, TN 37932
Email: jbartucci@pilotaquaticclub.com
(waive signature for all USPS, Fed-EX and UPS deliveries)

ENTRY TIMES: Enter with best **LONG COURSE METERS TIMES** achieved in competition or time trial. Entry times should be in hundredths. Conversions are not permitted. All individual entry times submitted must be in USA Swimming SWIMS database and will be reconciled with SWIMS.

DISTANCE PROOF OF TIMES:
Entry times for all events which may be limited (400 IM, 400 Free, 800 Free and the 1500 Free) must be submitted in actual time achieved in competition and will be verified per the USA Swimming National Times Database.

ENTRY FEES: Individual event - - - - \$6.00
Relays - - - - \$10.00
Facility Fee per swimmer - - - - \$5.00
SES Swimmer Surcharge - - - - \$3.00
Non-SES Swimmer Surcharge - - \$5.00

Make checks payable to "Pilot Aquatic Club". Entry printouts, summary/release sheets and entry fees including surcharges **MUST** be received by the Entries Chairman **on or before Friday April 24, 2009**.
Entries submitted without payment are not considered confirmed and subject to rejection if the meet fills.

TIME TRIALS: Time Trials will be conducted at the discretion of the meet referee.
Time Trials fees: \$8.00 individual \$12.00 relay.

SCRATCHES: A swimmer may scratch a pre-seeded event on the blocks without penalty. Swimmers entered in an individual event 400 yards or longer, who have checked in for that event, must swim in the event unless they notify the Clerk of Course (before seeding for that event has been done) that they wish to scratch. Failure to scratch a deck seeded event prior to seeding and not swimming the event will result in the swimmer being barred from the next individual event in which they are entered, whether it is that day or the next day.

CHECK-IN: Relays and individual swimmers must check-in at the Clerk of Course for deck-seeded events as per the stipulation for that event as listed in the Order of Events. Swimmers are encouraged to check-in at the beginning of each day. Scratch rules will be in effect (see above).

AWARDS: There will be individual awards for the top eight swimmers in each 12 & Under individual event and the top 3 relays in each 12 & Under relay event.

SCORING: The meet will not be scored individually or by team.

WARM-UP RULES: Southeastern Swimming, Inc. safety guidelines and warm-up procedures will be in effect.

A. General Warm-up

1. NO DIVING OR RACING STARTS ALLOWED FROM BLOCKS OR EDGE OF POOL. Swimmers must enter feet first in a cautious manner.
2. No sprinting or pace work allowed during the general warm-up session.
3. All lanes to be used for general warm-up.

B. Specific warm-up (Last 15 minutes)

1. OPEN/PACE Lanes 1 and 8
2. SPRINTS Lanes 2, 3, 6, 7
3. GENERAL Lanes 4 and 5

MEET

EVALUATION: You are encouraged to send a meet evaluation to the Southeastern Swimming General Chairman:

John Woods
205 Island Avenue
Chattanooga, TN 37405
flipper@gps.edu

MAIL ENTRIES TO ENTRY CHAIRMAN:

Jackie Bertucci
9914 Cedar Croft Circle
Knoxville, TN 37932
Email: jbortucci@pilotaquaticclub.com

Phone: 865-207-7297 (cell)

REMINDER: ENTRIES ARE TO BE IN LONG COURSE METERS!!

**ENTRIES MUST BE RECEIVED NO LATER THAN Sunday, April 19, 2009
NO FAX OR PHONE ENTRIES WILL BE ACCEPTED**

Signature requirement must be waived for all USPS, Fed-EX and UPS deliveries.

21st Annual Volunteer TEAM INFORMATION FORM (This form **MUST** accompany fees)

| | | |
|------------------------------------|--------------------|----------------------|
| CLUB NAME: | | INITIALS: |
| ADDRESS: | | |
| LSC: | HEAD COACH: | |
| CONTACT PERSON: | | PHONE NUMBER: |
| FAX NUMBER: | CELL PHONE: | EMAIL: |
| COACHES ATTENDING: | 1. | |
| | 2. | |
| | 3. | |
| | 4. | |
| NUMBER OF SWIMMERS ENTERED: | ATTACHED: | |
| | UNATTACHED: | |
| | TOTAL: | |

SUMMARY OF FEES

| | | | |
|-------------------------------|--|---|--|
| NUMBER OF SWIMMERS: | | SES SURCHARGE X \$3.00 (\$5.00 non SES LSC) = | |
| NUMBER OF IND. EVENTS: | | X \$6.00 PER EVENT ENTRY FEE = | |
| NUMBER OF RELAYS: | | X \$10.00 PER RELAY ENTRY FEE = | |
| FACILITY SURCHARGE: | | X \$5.00 PER ATHLETE | |
| TOTAL DUE: | | | |

Please check one:

- Our team will arrive as individuals.
- Our team will be traveling by bus together.

Please check one or more if you or your team is staying at our sponsoring hotels:

- | | |
|---|---|
| <ul style="list-style-type: none"> <input type="checkbox"/> Crowne Plaza Knoxville (Downtown) <input type="checkbox"/> Hampton Inn (Downtown) <input type="checkbox"/> Hilton (Downtown) <input type="checkbox"/> Holiday Inn Select (Downtown) <input type="checkbox"/> Marriott Knoxville Hotel (Downtown) <input type="checkbox"/> Holiday Inn Knoxville Central @ Papermill | <ul style="list-style-type: none"> <input type="checkbox"/> Courtyard by Marriott (Cedar Bluff) <input type="checkbox"/> Hampton Inn (Cedar Bluff) <input type="checkbox"/> Hilton Garden Inn (Cedar Bluff) <input type="checkbox"/> Residence Inn by Marriott (Cedar Bluff) <input type="checkbox"/> TownPlace Suites by Marriott (Cedar Bluff) <input type="checkbox"/> Homewood Suites by Hilton (Lovell Rd/Turkey Creek) <input type="checkbox"/> SpringHill Suites by Marriott (Lovell Rd/Turkey Creek) |
|---|---|

WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I also acknowledge that I am familiar with the rules of USA Swimming and Southeastern Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my team's swimmers with those rules during this meet. The Pilot Aquatic Club and the University of Tennessee, Southeastern Swimming, Inc. and USA Swimming, their agents, officers, representatives, employees and coaches shall be free from any liability or claim for damages for any and all injuries, illnesses or damage to valuables which may be sustained at this meet or while in transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results or any other documents associated with the running of this meet.

| | |
|---|--------------|
| SIGNATURE OF COACH OR CLUB OFFICIAL: | |
| CLUB: | |
| TITLE: | DATE: |

**Southeastern Swimming
Information Form for Disabled Swimmers**

| | | | | | |
|--|--------------------------------------|-------------------------------|--------------------------------------|-------------------------|------------|
| NAME: | | AGE: | | DATE OF BIRTH: | |
| ADDRESS: | | | | PHONE NUMBER: | |
| EVENTS ENTERED: | | | | | |
| EVENT: | | NO. | EVENT: | | NO. |
| EVENT: | | NO. | EVENT: | | NO. |
| EVENT: | | NO. | EVENT: | | NO. |
| DESCRIBE TYPE AND EXTENT OF DISABILITY (Be specific; e.g. totally or partially blind or deaf; loss of limbs, multiple disabilities): | | | | | |
| THE FOLLOWING PERSONS WILL ACCOMPANY THE SWIMMER FOR ANY NEEDED ASSISTANCE: | | | NAME: | | |
| | | | NAME: | | |
| SEIZURES? | YES: <input type="checkbox"/> | ARE YOU ON MEDICATION? | YES: <input type="checkbox"/> | MEDICATION/DOSE: | |
| | NO: <input type="checkbox"/> | | NO: <input type="checkbox"/> | | |
| MEDICATION/DOSE: | | MEDICATION/DOSE: | | MEDICATION/DOSE: | |
| PARENT OR GUARDIAN'S NAME: | | | | PHONE NUMBER: | |
| PARENT OR GUARDIAN'S SIGNATURE: | | | ATHLETE'S SIGNATURE: | | |
| PHYSICIAN'S NAME: | | | | PHONE NUMBER: | |
| PHYSICIAN'S ADDRESS: | | | | | |
| I HAVE EXAMINED THE ABOVE ENTRANT AND, IN MY OPINION, THERE IS NO MENTAL OR PHYSICAL REASON WHY HE OR SHE SHOULD NOT PARTICIPATE IN USA SWIMMING COMPETITION. | | | | | |
| PHYSICIAN'S SIGNATURE: | | | | DATE: | |

Hotels Sponsoring Pilot Aquatic Club: Great Rates and Location!

DOWNTOWN: Crowne Plaza Knoxville (Downtown) 401 Summit Hill Drive, Knoxville, TN 37902: Call hotel directly to reserve, 865-522-2600. Tell them you are coming for the "Pilot Aquatic Club Meet." Breakfast is NOT included but breakfast buffet is available for \$8.50 adult, \$4.50 for children under 12.
May Longcourse Invite: \$92.00 + tax cutoff: "Pilot Aquatic Club May Meet"

Hampton Inn (Downtown), 618 West Main Street, Knoxville, TN 37902:
Rate includes full hot breakfast, free parking. Call hotel to reserve, 865-522-5400. Specify Pilot Aquatic Club Meet
May Longcourse Invite: \$119.00 + tax cutoff: 4/10/09
Summer Sectionals: \$119.00 + tax cutoff: 6/25/09 CODE

Hilton (Downtown), 501 W. Church Street, Knoxville TN 37902: Room rate \$99.99 + tax for double room; may upgrade to King at \$109.99 + tax. Free parking is also available across the street at the Locust St. Garage after 6 pm Friday. Call 865-523-2300 to reserve. Specify "Pilot Aquatic Club Meet"
May Longcourse Invite: \$99.99 + tax CODE: PSM
Summer Sectionals: \$99.99 + tax CODE: PS7

Holiday Inn Select (Downtown)- 525 Henley Street 895-522-2800 double or king, \$85 to \$95/night, b'fast is \$5.75 each, parking \$5.00, cutoff 1/22/09 for State Meet, 4/10/09 for May Meet.
May Longcourse Invite: \$95 + tax cutoff 4/10/09 "Pilot May Meet"

Marriott Knoxville Hotel (Downtown), 500 Hill Ave. SE, Knoxville, TN 37915: Room rate \$95.00 + tax for double room. Breakfast is NOT included, but there is free parking. Call hotel directly 865-594-4336.
Summer Sectionals: \$95.00 + tax cutoff 6/16/09 "Senior Sectional"

PAPERMILL EXIT: Holiday Inn Knoxville Central @ Papermill, 1315 Kirby Rd., Knoxville TN 37909 (Papermill Rd exit off I-40):. Room rate \$87 + tax for double or king + sleeper sofa. Free Parking. For reservations, call 1-800-HOLIDAY or 865-584-3911 (hotel direct line). 72 hour cancellation notice required.
May Longcourse Invite: \$87.00 + tax cutoff 4/10/09 "Pilot Aquatics Long Course Invit."
Summer Sectionals: \$99.99 + tax cutoff 6/25/09 "Pilot Aquatics Senior Sectionals"

CEDAR BLUFF AREA: Courtyard by Marriott (Cedar Bluff) - 216 Langley Place, Knoxville, 37922 - king + sleeper sofa, \$89/night, includes breakfast, to reserve, contact Stephanie Foster @ 865-539-4816
May Longcourse Invite: \$99.99-to reserve, contact Stephanie Foster @ 865-539-4816
Summer Sectionals: \$99.99-to reserve, contact Stephanie Foster @ 865-539-4816

Hampton Inn (Cedar Bluff), 9128 Executive Park (Cedar Bluff exit off I-40). Room rate \$99.00 + tax, double queen, free parking, free Hampton Hot Breakfast (6 am - 10 am each morning). Call 865-693-1101 to reserve, specify "Pilot Aquatic Club November Meet Code PAC"
May Longcourse Invite: \$99.99 + tax cutoff 4/17/09 CODE: "AQU"
Summer Sectionals: \$99.99 + tax cutoff 7/2/09 CODE: "AQC"

Hilton Garden Inn (Cedar Bluff)- 216 Peregrine Way (S. Cedar Bluff exit off I-40, rt. on N. Peters Rd to rt. on Peregrine) - 865-690-6511 - double - full hot b'fast (4 per room) \$93.00 + tax

Residence Inn by Marriott (Cedar Bluff) - 215 Langley Place, Knoxville 37923 - studio (queen + sleeper sofa), \$89/night, includes breakfast, to reserve, contact Stephanie Foster @ 865-539-4816
May Longcourse Invite: \$99.99-to reserve, contact Stephanie Foster @ 865-539-4816
Summer Sectionals: \$99.99-to reserve, contact Stephanie Foster @ 865-539-4816

TownPlace Suites by Marriott (Cedar Bluff) - 205 Langley Place, Knoxville, 37923 - studio (queen + sleeper sofa), \$79/night, (breakfast not available), to reserve, contact Stephanie Foster @ 865-539-4816
May Longcourse Invite: \$99.99-to reserve, contact Stephanie Foster @ 865-539-4816
Summer Sectionals: \$99.99-to reserve, contact Stephanie Foster @ 865-539-4816

LOVELL ROAD/TURKEY CREEK SHOPPING: Homewood Suites by Hilton (Lovell Rd/Turkey Creek) - 10935 Turkey Creek Drive, Knoxville, 37934 - studio (queen + sleeper sofa) w/full kitchen - \$99/night, includes breakfast To reserve, contact Stephanie Foster @ 865-539-4816
May Longcourse Invite: \$99.99-to reserve, contact Stephanie Foster @ 865-539-4816
Summer Sectionals: \$99.99-to reserve, contact Stephanie Foster @ 865-539-4816

SpringHill Suites by Marriott (Lovell Rd/Turkey Creek) - 10955 Turkey Creek Drive, Knoxville, 37934 - King + sleeper sofa - \$99/night, microwave/mini fridge, includes hot breakfast buffet.
May Longcourse Invite: \$99.99-to reserve, contact Stephanie Foster @ 865-539-4816
Summer Sectionals: \$99.99-to reserve, contact Stephanie Foster @ 865-539-4816

2009 SE TWENTY-FIRST ANNUAL VOLUNTEER INVITATIONAL SWIM MEET

Sanction #09SEPACK5-1

Time Trial Sanction #09SEPACK5-1TT

-- ORDER OF EVENTS --

FRIDAY, MAY 1, 2009

Warm-up begins at 3:45 PM.
Competition begins at 5:30 PM.

| <u>GIRLS</u> | <u>EVENTS</u> | <u>BOYS</u> |
|--------------|--------------------|-------------|
| 1 * | 13 & OVER 400 IM | 2 * |
| 3 # | 11 & 12 400 FREE | 4 # |
| 5 * | 13 & OVER 800 FREE | 6 * |

* *The 400 IM and 800 FREE will be deck seeded. Swimmers must check in by 4:30 pm at the Clerk of Course. These events will be swum fastest to slowest, alternating women, then men. These events may be limited.*

The 400 Free will be deck seeded. Swimmers must check in by 4:30 PM at the Clerk of Course. These events may be limited and will be swum fastest to slowest, alternating women then men.

If any of Friday's events must be limited, notification will be posted on the PACK website.
www.pilotaquaticclub.com

2009 SE TWENTY-FIRST ANNUAL VOLUNTEER INVITATIONAL SWIM MEET

SATURDAY, MAY 2, 2009 12 & UNDER SESSION

Warm-up begins at 6:50 AM.
Competition begins at 8:00 AM.

| <u>GIRLS</u> | <u>EVENTS</u> | <u>BOYS</u> |
|--------------|---------------------------|-------------|
| 7 | 12 & UNDER 200 FREE RELAY | 8 |
| 9 | 8 & UNDER 50 FREE | 10 |
| 11 | 9 & 10 50 FREE | 12 |
| 13 | 11 & 12 50 FREE | 14 |
| 15 | 8 & UNDER 50 BACK | 16 |
| 17 | 9 & 10 100 BACK | 18 |
| 19 | 11 & 12 100 BACK | 20 |
| 21 | 8 & UNDER 50 BREAST | 22 |
| 23 | 9 & 10 50 BREAST | 24 |
| 25 | 11 & 12 50 BREAST | 26 |
| 27 | 8 & UNDER 50 FLY | 28 |
| 29 | 9 & 10 100 FLY | 30 |
| 31 | 11 & 12 100 FLY | 32 |

SATURDAY, MAY 2, 2009 AFTERNOON SESSION

Warm-up begins at the conclusion of the Morning Session
Competition will not begin before 11:00 AM

| <u>GIRLS</u> | <u>EVENTS</u> | <u>BOYS</u> |
|-------------------------------------|---------------------|-------------|
| 33 | OPEN 200 FREE RELAY | 34 |
| 35 | 13 & 14 200 IM | 36 |
| 37 | OPEN 200 IM | 38 |
| 39 | 13 & 14 100 BREAST | 40 |
| 41 | OPEN 100 BREAST | 42 |
| SIGN IN - 400 FREE - CLOSSES | | |
| 43 | 13 & 14 100 FREE | 44 |
| 45 | OPEN 100 FREE | 46 |
| 47 | 13 & 14 200 FLY | 48 |
| 49 | OPEN 200 FLY | 50 |
| 51 | 13 & 14 100 BACK | 52 |
| 53 | OPEN 100 BACK | 54 |
| * FIVE MINUTE BREAK* | | |
| 55# # | 13 & OVER 400 FREE | 56# # |

These events will be deck seeded. Swimmers must check in by the conclusion of Event 42 at the clerk of course. These events will be swum fastest to slowest, alternating women then men 13-14 & Open.

2009 SE TWENTY-FIRST ANNUAL VOLUNTEER INVITATIONAL SWIM MEET

SUNDAY, MAY 3, 2009 12 & UNDER SESSION

Warm-up begins at 6:50 AM.
Competition begins at 8:00 AM.

| <u>GIRLS</u> | <u>EVENTS</u> | <u>BOYS</u> |
|--------------|-----------------------------|-------------|
| 57 | 12 & UNDER 200 MEDLEY RELAY | 58 |
| 59 | 10 & UNDER 200 IM | 60 |
| 61 | 11 & 12 200 IM | 62 |
| 63 | 10 & UNDER 100 FREE | 64 |
| 65 | 11 & 12 100 FREE | 66 |
| 67 | 9 & 10 50 BACK | 68 |
| 69 | 11 & 12 50 BACK | 70 |
| 71 | 10 & UNDER 100 BREAST | 72 |
| 73 | 11 & 12 100 BREAST | 74 |
| 75 | 9 & 10 50 FLY | 76 |
| 77 | 11 & 12 50 FLY | 78 |
| 79 | 10 & UNDER 200 FREE | 80 |
| 81 | 11 & 12 200 FREE | 82 |

SUNDAY, MAY 3, 2009 AFTERNOON SESSION

Warm-up begins at the conclusion of the Morning Session
Competition will not begin before 11:00 AM

| <u>GIRLS</u> | <u>EVENTS</u> | <u>BOYS</u> |
|--------------------------------------|-----------------------|-------------|
| 83 | OPEN 200 MEDLEY RELAY | 84 |
| 85 | 13 & 14 200 FREE | 86 |
| 87 | OPEN 200 FREE | 88 |
| 89 | 13 & 14 100 FLY | 90 |
| 91 | OPEN 100 FLY | 92 |
| SIGN IN - 1500 FREE - CLOSSES | | |
| 93 | 13 & 14 200 BREAST | 94 |
| 95 | OPEN 200 BREAST | 96 |
| 97 | 13 & 14 50 FREE | 98 |
| 99 | OPEN 50 FREE | 100 |
| 101 | 13 & 14 200 BACK | 102 |
| 103 | OPEN 200 BACK | 104 |
| * FIVE MINUTE BREAK * | | |
| 105@ | 13 & OVER 1500 FREE | 106@ |

@ *These events will be deck seeded. Swimmers must check in by the conclusion of event 92 at the Clerk of Course. These events will be swum fastest to slowest, alternating women then men and may be limited to the 2 fastest heats of women and the 2 fastest heats of men.*