

Bullfrog Invitational Information

Schedule of events July 10-12, 2009

Friday July 10, 2009

Session 1

Warm Up: 1:30 PM

Start: 3:00 PM

Girls	Event	Boys
1*	13 & Over 400 IM	2*
3	11-12 200 IM	4
5	10 & Under 200 IM	6
7	11-12 400 Free	8
9*#	Senior Girls 800 Free	
	Senior Boys 1500 Free	10* #

*Positive check-in by 2:30 PM for the 400 IM as well as the 800 and 1500 Frees. These events will be swum fastest to slowest.

These events will be swum fastest to slowest, alternating women and then men and may be limited to the 2 fastest heats of women and the 2 fastest heats of men.

Saturday, July 11, 2009

Session 2

Warm-up: 6:50 AM

Start: 8:15

Girls	Event	Boys
11	13-14 200 IM	12
13	Senior 200 IM	14
15	13-14 100 Breast	16
17	Senior 100 Breast	18
19	13-14 100 Free	20
21	Senior 100 Free	22
23	13-14 200 Fly	24
25	Senior 200 Fly	26
27	13-14 100 Back	28
29	Senior 100 Back	30
	* Five Minute Break	
31	13 & Over 400 Free	32

* Positive check in for the 400 Fr is required by 8 AM. This will be swum fastest to slowest.

Saturday PM, July 11, 2009

Session 3

Warm up for this session will begin immediately following the morning session.
Competition will not begin before 11 AM

Girls	Event	Boys
33	10 & Under 100 Free	34
35	11-12 100 Free	36
37	10 & Under 100 Back	38
39	11-12 100 Back	40
41	10 & Under 50 Breast	42
43	11-12 50 Breast	44
45	10 & Under 100 Fly	46
47	11-12 100 Fly	48
49	10 & Under 50 Free	50
51	11-12 50 Free	52

Sunday AM, July 12, 2009

Session 4

Warm up: 6:50 AM

Start: 8:15 AM

Girls	Event	Boys
53	13-14 200 Free	54
55	Senior 200 Free	56
57	13-14 100 Fly	58
59	Senior 100 Fly	60
61	13-14 200 Breast	62
63	Senior 200 Breast	64
65	13-14 50 Free	66
67	Senior 50 Free	68
69	13-14 200 Back	70
71	Senior 200 Back	72
	* Five Minute Break	
73*	Senior Girls 1500 Free	
	Senior Boys 800 Free	74*

* These events will be deck seeded. Swimmers must check in by 8 AM at the Clerk of Course. **These events will be swum fastest to slowest, alternating women and then men and may be limited to the 2 fastest heats of women and the 2 fastest heats of men.**

Sunday PM, July 12, 2009

Session 5

Warm up for this session will begin immediately following the morning session.
Competition will not begin before 11 AM

Girls	Event	Boys
75	10 & under 50 Back	76
77	11-12 50 Back	78
79	10 & Under 100 Breast	80
81	11-12 100 Breast	82
83	10 & Under 50 Fly	84
85	11-12 50 Fly	86
87	10 & Under 200 Free	88
89	11-12 200 Free	90